Discovery Isle® Preschool

NOVEMBE MENU- 2026

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	**Chef's Choice Day**	WG Mini Bagel, Cream Cheese, Milk	WG Cereal Oatmeal Bar, Applesauce, Milk	WG French Toast Sticks, 1/2 Banana, Milk	WG Blueberry Loaf, Diced Pears, Milk
Lunch	**Chef's Choice Day**	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans,Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas,Milk	Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, Milk	WG Pizza, Diced Carrots, Fruit Mix,Milk
PM Snack	**Chef's Choice Day**	Graham Crackers, Strawberry Yogurt, Water	Cucumber Slices, Hummus, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water	Fruit Bar, Animal Crackers
	9	10	11	12	13
Breakfast	WG French Toast Sticks, Berries Milk	WG Cereal, Strawberry Slices, Milk	**Chef's Choice Day**	Waffles, Blueberries, Milk	WG Cereal, 1/2 Banana, 1% Milk
Lunch	Sunbutter & Jelly Sammy on WG Bread, Applesauce, Corn,Milk	Chicken/Cheese/Ranch Snack Wrap (Cheese) Diced Mango, Corn, Milk	**Chef's Choice Day**	WG Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, Milk,	Meatloaf (Vegan Crumbles), Mandarin Oranges, Mashed Potatoes, Milk
PM Snack	Townhouse Crackers, American Cheese Slice, Water	Fresh Apple Slices, Sunbutter, Water	**Chef's Choice Day**	Crackers, Mandarin Oranges, Water	Diced Peaches, WG Graham Crackers, Water
	16	17	18	19	20
Breakfast	WG Cinnamon Bagels, Tropical Fruit, Milk	WG Waffle, Berry Mix, Milk	WG Cereal Milk	Yogurt, Blueberries, Milk	**Chef's Choice Day**
Lunch	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches Milk	Chicken Fajitas (Vegan Crumbles)on WG Tortilla, Potato Coins, Diced Pears, Milk	WG Chicken Drummies, (Vegan Nuggets), Applesauce, Diced Carrots, Milk	Sloppy Joe Sammy , (Vegan Griller) Mixed Veggies, Fruit Cocktail, Milk	**Chef's Choice Day**
PM Snack	WG Crackers , Mandarin Oranges, Water	Cucumber Slices, Tzatziki Dip, Water	Sunbutter, Graham Cracker, Applesauce, Water	Fresh Apple Slices, Mozzarella String Cheese, Water	**Chef's Choice Day**
	23	24	25	26	27
Breakfast	Pancakes, Tropical Fruit,Milk	WG Cereal, 1/2 Banana, Milk	WG Oatmeal Cereal Bar, 1/2 Orange, Milk		
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches Milk	Chicken Teriyaki Wrap (Vegan Crumbles), Broccoli, Mandarin Oranges, Milk	Chicken (Vegan Nuggets)Mashed Potato Bowl, Gravy, Tropical Fruit, Milk	**SCHOOL CLOSED - THANKSGIVING BREAK**	**SCHOOL CLOSED - THANKSGIVING BREAK**
PM Snack	WG Crackers, Mandarin Oranges, Water	Fruit Bar, Water	**School Closes @ 3pm**		

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) **Preschool Serving Size:** Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) **Canned fruit are in natural juices.**