

SEPTEMBER 2026

PRESCHOOL
SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 1	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 2	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 3	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 4	5
6	NO SCHOOL 7	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup) 8	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) 9	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM:Teddy Grahams (0.75oz), fruit (140g), milk (1 cup) 10	AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 11	12
13	AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM:Teddy Grahams (0.75oz), fruit (140g), milk (1 cup) 14	AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 15	AM:Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 16	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 17	AM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) PM:Pretzels (1oz), fruit (140g) milk (1 cup) 18	19
20	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 21	AM:Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 22	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) 23	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:PM:Pretzels (1oz), fruit (140g) milk (1 cup) 24	AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 25	26
27	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) 28	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 29	AM:Waffles (1 ss), fruit (140g), milk (1 cup) PM: Cereal (1.ss), fruit (140g), milk (1 cup) 30			

SEPTEMBER 2026

TODDLER SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 1	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 2	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 3	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 4	5
6	NO SCHOOL 7	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup) 8	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) 9	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM:Teddy Grahams (0.75oz), fruit (140g), milk (1 cup) 10	AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 11	12
13	AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM:Teddy Grahams (0.75oz), fruit (140g), milk (1 cup) 14	AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 15	AM:Goldfish (0.75oz), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 16	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 17	AM:Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Pretzels (1oz), fruit (140g) milk (1 cup) 18	19
20	AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) 21	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) 22	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) 23	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:PM:Pretzels (1oz), fruit (140g) milk (1 cup) 24	AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup) 25	26
27	AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) 28	AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup) 29	AM:Waffles (1 ss), fruit (140g), milk (1 cup) PM: Cereal (1.ss), fruit (140g), milk (1 cup) 30			