



October 2026 MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
Breakfast				Biscuits with Butter	Friday Fun Breakfast! RM 3 & 4 Cinnamon Raisin Toast, RM 6 Bagels, RM 7 & 8 French toast
PM Snack				Crackers, Mozzarella String Cheese, Water	Apple slices with Cheddar Cheese
	5	6	7	8	9
Breakfast	Cereal with Milk	Yogurt with Berries	Quesadilla and Water	Cereal with Milk	WG Pancakes with Milk
PM Snack	Cucumber Slices with Ranch, Water	Crackers and Hummus	Graham Cracker, Applesauce, Water	Crackers, Cheddar Cheese Slices, Water	Fresh Apple Slices, Sunbutter, Water
	12	13	14	15	16
Breakfast	SCHOOL CLOSED	WG Waffle, Berry Mix, Milk	Cereal with Milk	French Toast Sticks, Fruit	Biscuits with Butter
PM Snack	Professional Development Day	Cucumber Slices with Ranch	English Muffin with Sunbutter	WG Graham Cracker, Mozzarella String Cheese, Water	Tatertots with Ketchup
	19	20	21	22	23
Breakfast	Yogurt with Berries	Cereal with Milk	Cinnamon Raisin Toast, Butter	WG French Toast Sticks, Berries 1% Milk	Cereal with Milk
PM Snack	WG All Sport Bites, Mandarin Oranges, Water	Strawberries and mozzarella string cheese	Apple slices and sunbutter	Townhouse Crackers, American Cheese Slice, Water	English Muffin with Sunbutter
	26	27	28	29	30
Breakfast	Cereal with Milk	WG Waffle, Berry Mix, Milk	Cereal with Milk	WG Pancakes with Milk	Cinnamon Raisin Toast, Butter
PM Snack	Quesadilla with Fruit	Cucumber Slices w/Ranch, Water, WG Toasted Oats	Yogurt with Berries	Townhouse Crackers, American Cheese Slice, Water	WG Pizza Crackers , Mandarin Oranges, Water
Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.					