

OCTOBER 2026



Discovery Isie
Preschool

Breakfast

Afternoon Snack

SUN	MON	TUE	WED	THU	FRI	SAT
*Breakfast is served with a cup of milk & 1/2 fruit daily.			1 Waffles Veggies & ranch	2 Biscuits Cheese & crackers	3 Cereal & Yogurt Oatmeal Cookies & Fruit	4
5 	6 Bagels & cream cheese Animal crackers & fruit	7 Cornbread Nilla wafers & cream cheese	8 Yogurt and mangos Cucumber & Tzatziki Sauce	9 Pancakes Pizza Crackers & Fruit	10 Cereal Jelly Roll-Ups	11
12	13 Muffins Applesauce & graham crackers	14 Biscuits Soft pretzels & Fruit	15 Pancakes Veggies & ranch	16 Waffles Cheez-its & fruit	17 Cornbread Oatmeal Cookies & Fruit	18
19	20 Bagels & cream cheese Nilla wafers & cream cheese	21 Muffins Cucumber & Tzatziki Sauce	22 Pancakes Jelly Roll-Ups	23 Cereal Goldfish and cheese	24 French toast Halloween spider crackers & cream cheese	25
26	27 Cereal Veggies & ranch	28 Biscuits Apples with sunflower butter	29 Waffles Applesauce & graham crackers	30 Cornbread Soft pretzels & Fruit	31 Yogurt and mangos Halloween pudding cups	