

OCTOBER 2026 MENU



Discovery Isle[®]
Preschool



SUN

MON

TUE

WED

THU

FRI

SAT

AM Snack				1 Cereal, milk and fruit	2 Cornbread, milk and fruit	3
PM Snack				Bread rolls with Cheese	Graham crackers and cream cheese	
4 AM Snack	5 Cereal, Yogurt and fruit	6 Muffins, milk and fruit	7 Bagels & cream cheese, milk and fruit	8 Pancakes, milk and fruit	9 Cereal, milk and fruit	10
PM Snack	Crackers and fruit	Graham crackers and cream cheese	Cheez-its and fruit	Cheese and crackers	Nilla wafers and yogurt	
11 AM Snack	12 School Closed	13 Cereal, milk and fruit	14 Pancakes, milk and fruit	15 Waffles, milk and fruit	16 Cereal, yogurt and fruit	17
PM Snack		Cheese and crackers	Pizza crackers and fruit	Tortillas with cheese	Applesauce and Animal crackers	
18 AM Snack	19 Cereal, milk and fruit	20 Pancakes, milk and fruit	21 Cereal, milk and fruit	22 Biscuits, milk and fruit	23 Muffins, milk and fruit	24
PM Snack	Soft pretzels with cheese	Animal crackers and fruit	Cheese and crackers	Nilla wafers and cream cheese	Vegetable crackers and fruit	
25 AM Snack	26 Waffles, milk and fruit	27 Cereal, milk and fruit	28 Muffins, milk and fruit	29 Cereal, yogurt and fruit	30 Biscuits, milk and fruit	31
PM Snack	Graham crackers and cream cheese	Sweet potato crackers and fruit	Vegetable crackers and fruit	Cheez-its and fruit		

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Grain (1/2 oz)

Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Grain (1/2 oz)