

# OCTOBER 2026 MENU



|           | MONDAY                                           | TUESDAY                                                    | WEDNESDAY                                         | THURSDAY                                          | FRIDAY                                                     |
|-----------|--------------------------------------------------|------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------|------------------------------------------------------------|
|           |                                                  |                                                            | <b>2</b>                                          | <b>1</b>                                          | <b>2</b>                                                   |
| Breakfast | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)         | Pancakes (2), Fruit (1/2C), Milk (6oz)                     | Waffle (2), Fruit (1/2C), Milk (6oz)              | Bagels and Cream Cheese, Fruit (1/2C), Milk (6oz) | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)                   |
| Lunch     | Food From Home                                   | Food From Home                                             | Food From Home                                    | Food From Home                                    | Food From Home                                             |
| PM Snack  | Animal Crackers (4), Fruit (1/2C), Juice (3/4C)  | Nilla Wafers (4), Yogurt (1/3C), Milk (6oz)                | Graham Crackers w/ Cream Cheese, Juice (3/4C)     | Yogurt (1/2C), Apple Slices (2), Water            | Ritz Crackers (4), American Cheese (1 Slice), Juice (3/4C) |
|           | <b>5</b>                                         | <b>6</b>                                                   | <b>7</b>                                          | <b>8</b>                                          | <b>9</b>                                                   |
| Breakfast | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)         | Quesadillas, Fruit (1/2C), Milk (6oz)                      | Bagels and Cream Cheese, Fruit (1/2C), Milk (6oz) | Pancakes (2), fruit (1/2C), Milk (6oz)            | *Chef's Choice, Fruit (1/2C), Milk (6oz)                   |
| Lunch     | Food From Home                                   | Food From Home                                             | Food From Home                                    | Food From Home                                    | Food From Home                                             |
| PM Snack  | Graham Crackers w/ Cream Cheese, Water           | Cheez-its 14pcs), Fruit (1/2C), Juice (3/4C)               | Goldfish Crackers (14pcs), Fruit (1/2C), Water    | Animal Crackers (4), Fruit (1/2C), Juice (3/4C)   | Yogurt (1/2C), Apple Slices (4), Water                     |
|           | <b>12</b>                                        | <b>13</b>                                                  | <b>14</b>                                         | <b>15</b>                                         | <b>16</b>                                                  |
| Breakfast |                                                  | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)                   | Waffle (2), Fruit (1/2C), Milk (6oz)              | Quesadillas, Fruit (1/2C) Milk (6oz)              | *Chef's Choice, Fruit (1/2C), Milk (6oz)                   |
| Lunch     | <b>SCHOOL CLOSED</b>                             | Food From Home                                             | Food From Home                                    | Food From Home                                    | Food From Home                                             |
| PM Snack  |                                                  | Ritz Crackers (4), American Cheese (1 Slice), Juice (3/4C) | Nilla Wafers (4), Fruit (1/2C), Milk (6oz)        | Goldfish Crackers (14pcs), Fruit (1/2C), Water    | Cheez-its 14pcs), Fruit (1/2C), Juice (3/4C)               |
|           | <b>19</b>                                        | <b>20</b>                                                  | <b>21</b>                                         | <b>22</b>                                         | <b>23</b>                                                  |
| Breakfast | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)         | French Toast Sticks (1), Fruit (1/2C), Milk (6oz)          | Pancakes (2), Fruit (1/2C), Milk (6oz)            | Waffles (2), Fruit (1/2C), Milk (6oz)             | *Chef's Choice, Fruit (1/2C), Milk (6oz)                   |
| Lunch     | Food From Home                                   | Food From Home                                             | Food From Home                                    | Food From Home                                    | Food From Home                                             |
| Snack     | Ritz Crackers (4), Sun Butter (1tsp), Milk (6oz) | Goldfish Crackers (14pcs), Fruit (1/2C), Water             | Animal Crackers (4), Fruit (1/3C), Juice (3/4C)   | Cheez-its 14pcs), Fruit (1/2C), Juice (3/4C)      | Ritz Crackers (4), American Cheese (1 Slice), Water        |
|           | <b>26</b>                                        | <b>27</b>                                                  | <b>28</b>                                         | <b>29</b>                                         | <b>30</b>                                                  |
| Breakfast | *Cereal (1/3C), Fruit (1/2C), Milk (6oz)         | Quesadillas, Fruit (1/2C) Milk (6oz)                       | French Toast Sticks (1), Fruit (1/2C), Milk (6oz) | Pancakes (2), Fruit (1/2C), Milk (6oz)            | *Chef's Choice, Fruit (1/2C), Milk (6oz)                   |
| Lunch     | Food From Home                                   | Food From Home                                             | Food From Home                                    | Food From Home                                    | Food From Home                                             |
| Pm Snack  | Graham Crackers w/ Cream Cheese, Water           | Ritz Crackers (4), Sun Butter (1tsp), Milk (6oz)           | Goldfish Crackers (14pcs), Fruit (1/2C), Water    | Nilla Wafers (4), Fruit (1/2C), Milk (6oz)        | Cheez-its 14pcs), Fruit (1/2C), Juice (3/4C)               |

\*\*\*CEREAL WE SERVE INCLUDE: KIX, CHEERIO'S\*\*\*