



August 2026

TODDLER SNACK MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)	3 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:PM:Pretzels (1oz), fruit (140g), milk (1 cup)	4 AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup)	5 AM:Cereal (1 ss), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)	6 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup)	7 8
9	10 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM:Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)	11 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup)	12 AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)	13 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup)	14 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Animal Crackers (1ss), fruit (140g), milk (1 cup)	15
16	17 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup)	18 AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)	19 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup)	20 AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM:PM:Pretzels (1oz), fruit (140g), milk (1 cup)	21 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM:Blueberry Muffins (1 ss), fruit (140g), milk (1 cup)	22
23	24 AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM:Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)	25 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup)	26 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM:Pretzels (1oz), fruit (140g), milk (1 cup)	27 AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)	28 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM:Goldfish (0.75oz), fruit (140g), milk (1 cup)	29
30	31 AM:Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)					

