

July Toddler Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 AM: Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>2 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM: Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p>3 CLOSED</p>	<p>4</p>
<p>5</p>	<p>6 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>7 AM: Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) PM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup)</p>	<p>8 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM: Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p>9 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>10 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Animals Crackers (1 oz), fruit (140g), milk (1 cup)</p>	<p>11</p>
<p>12</p>	<p>13 AM: Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) PM: Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	<p>14 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM: Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	<p>15 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>16 AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM: Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup)</p>	<p>17 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>18</p>
<p>19</p>	<p>20 AM: Cheez-It (1.5oz), fruit (140g), milk (1 cup) PM: Waffles (1 ss), fruit (140g), milk (1 cup)</p>	<p>21 AM: Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) PM: Animals Crackers (1 oz), fruit (140g), milk (1 cup)</p>	<p>22 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p>23 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM: Pancakes (1 ss), fruit (140g), milk (1 cup)</p>	<p>24 AM: Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>25</p>
<p>26</p>	<p>27 AM: Pancakes (1 ss), fruit (140g), milk (1 cup) PM: Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p>28 AM: French Toast (1 ss), fruit (140g), milk (1 cup) PM: Yogurt (113.4g), fruit (140g), milk (1 cup)</p>	<p>29 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM: Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p>30 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>31 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM: Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	