

# July Preschool Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right;">1</p> <p><b>AM:</b>Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) <b>PM:</b> Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">2</p> <p><b>AM:</b> Pancakes (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p style="font-size: 2em; color: red; border: 2px solid red; padding: 5px; transform: rotate(-2deg); display: inline-block;">CLOSED</p> <p style="text-align: right;">3</p>	<p style="text-align: right;">4</p>
5	<p style="text-align: right;">6</p> <p><b>AM:</b> Waffles (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">7</p> <p><b>AM:</b>Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) <b>PM:</b>Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">8</p> <p><b>AM:</b> Pancakes (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">9</p> <p><b>AM:</b>Waffles (1 ss), fruit (140g), milk (1 cup) <b>PM:</b> Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">10</p> <p><b>AM:</b> Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) <b>PM:</b>Animals Crackers (1 oz), fruit (140g), milk (1 cup)</p>	11
12	<p style="text-align: right;">13</p> <p><b>AM:</b>Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) <b>PM:</b>Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">14</p> <p><b>AM:</b> Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) <b>PM:</b> Pancakes (1 ss), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">15</p> <p><b>AM:</b>Waffles (1 ss), fruit (140g), milk (1 cup) <b>PM:</b> Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">16</p> <p><b>AM:</b>Yogurt (113.4g), fruit (140g), milk (1 cup) <b>PM:</b> Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">17</p> <p><b>AM:</b> Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	18
19	<p style="text-align: right;">20</p> <p><b>AM:</b> Cheez-It (1.5oz), fruit (140g), milk (1 cup) <b>PM:</b>Waffles (1 ss), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">21</p> <p><b>AM:</b> Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) <b>PM:</b>Animals Crackers (1 oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">22</p> <p><b>AM:</b>Cereal (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">23</p> <p><b>AM:</b>Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) <b>PM:</b> Pancakes (1 ss), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">24</p> <p><b>AM:</b> Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) <b>PM:</b>Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	25
26	<p style="text-align: right;">27</p> <p><b>AM:</b> Pancakes (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">28</p> <p><b>AM:</b>French Toast (1 ss), fruit (140g), milk (1 cup) <b>PM:</b> Yogurt (113.4g), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">29</p> <p><b>AM:</b> Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) <b>PM:</b> Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">30</p> <p><b>AM:</b> Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) <b>PM:</b> Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p style="text-align: right;">31</p> <p><b>AM:</b>Waffles (1 ss), fruit (140g), milk (1 cup) <b>PM:</b>Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	