

JUNE TODDLER SNACK MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM: Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p>2 AM: Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM: Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p>3 AM: Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>4 AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM: Ritz Crackers (1 ss) and String Cheese (28g), fruit (140g), milk (1 cup)</p>	<p>5 AM: French toast (1 ss), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	6
7	<p>8 AM: Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>9 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>	<p>10 AM: Bagel (1 ss) and cream cheese (1ss), fruit (140g), milk (1 cup) PM: Pancakes (1 ss), fruit (140g), milk (1 cup)</p>	<p>11 AM: Waffles (1 ss), fruit (140g), milk (1 cup) PM: Ritz Crackers (1oz), slice cheese (1 slice), fruit (140g) milk (1 cup)</p>	<p>12 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM: Yogurt (113.4g), fruit (140g), milk (1 cup)</p>	13
14	<p>15 AM: Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>16 AM: Graham crackers (1/4 cup), cream cheese (1ss), fruit (140g), milk (1 cup) PM: Animals Crackers (1 oz), fruit (140g), milk (1 cup)</p>	<p>17 AM: Cereal (1 ss), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>18 AM: Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM: Cereal (1 ss), fruit (140g), milk (1 cup)</p>	<p>19  FOR JUNETEENTH</p>	20
21	<p>22 AM: Nutri Grain Bar (1 bar), fruit (140g), milk (1 cup) PM: Goldfish (0.75oz), fruit (140g), milk (1 cup)</p>	<p>23 AM: Yogurt (113.4g), fruit (140g), milk (1 cup) PM: Teddy Grahams (0.75oz), fruit (140g), milk (1 cup)</p>	<p>24 AM: Biscuit (1ss) and grape jelly (0.5oz), fruit (140g), milk (1 cup) PM: Ritz Crackers (1 ss) and String Cheese (28g), fruit (140g), milk (1 cup)</p>	<p>25 AM: Ritz Crackers (1ss), slice cheese (1 slice), fruit (140g), milk (1 cup) PM: Cheez-It (1.5oz), fruit (140g), milk (1 cup)</p>	<p>26  FOR PROFESSIONAL DEVELOPMENT DAY!</p>	27
28	<p>29 AM: Blueberry Muffins (1 ss), fruit (140g), milk (1 cup) PM: Yogurt (113.4g), fruit (140g), milk (1 cup)</p>	<p>30 AM: French Toast (1 ss), fruit (140g), milk (1 cup) PM: Mini cheese ritz crackers (1.5oz), fruit (140g), milk (1 cup)</p>				