

# APRIL 2026



Discovery Isle  
Preschool

Breakfast

Afternoon snack

SUN MON TUE WED THU FRI SAT

1/4 cup milk served daily with breakfast						
5	6	7	8	9	10	11
	Cereal 1/2 cup & Yogurt 1/2 cup Naan bread 1.5 oz. & hummus 1 tbsp.	Muffins 2 oz. & 1/4 cup of fruit Animal crackers 1 oz. & dried cranberries 1/4 cup	French toast 4 oz. & 1/4 cup fruit Cucumbers 1/2 cup & hummus 1 tbsp	Pancakes 2 oz, 1/4 cup of fruit Tortillas 2 oz. with cheese 1 oz.	Cereal 1/2 cup & 1/4 cup of fruit Applesauce 4 oz. & graham crackers 1 oz.	
12	13	14	15	16	17	18
	Bagels 1-2 oz. & Cream cheese 1 oz. Tortillas 2 oz with cheese 1 oz.	Cornbread 2 oz. & butter Cheez-itz 4 oz. & fruit 1/4 cup	Biscuits 1-2 oz. & Jelly 2 oz. Goldfish 1 oz. & fruit 1/4 cup	Apple slices 2 oz. & Yogurt 1/2 cup Teddy grahams 1 oz. & fruit 1/4 cup	Muffins 2 oz. & 1/4 cup of fruit Apples slices 2 oz. with sunflower butter 1 tbsp.	
19	20	21	22	23	24	25
	French toast 4 oz. & fruit Teddy grahams 1 oz. bag & fruit 1/4 cup	Biscuits 2 oz. & Jelly 2 oz. Applesauce 4 oz. & graham crackers 1 oz.	Waffles 2 oz., 1/4 cup fruit Naan bread 1.5 oz. & hummus 1 tbsp.	Muffins 2 oz. & 1/4 cup of fruit Tortillas 2 oz. with cheese 1 oz.	Cereal 1/2 cup & 1/4 cup of fruit Goldfish 1 oz. & cheese 1 oz.	
26	27	28	29	30		
	French toast 4 oz. & fruit 1/4 cup Animal crackers 1 oz. & dried cranberries 1/4 cup	Waffles 2 oz., 1/4 cup of fruit Sliced cheese 1 oz. & crackers 1-2 oz.	Cereal 1/2 cup & 1/4 cup of fruit Graham crackers 2 oz. & mixed fruit 1/4 cup	Pancakes 2 oz., 1/4 cup fruit Teddy grahams 1 oz & fruit 1/4 cup		