

JANUARY 2026 MENU



Discovery Isle®
Preschool

SUN **MON** **TUE** **WED** **THU** **FRI** **SAT**

Breakfast				1	2 Cereal, milk and fruit	3
Afternoon snack				School Closed	Cheez-its & fruit	
4 Breakfast	5 Cereal, milk and fruit	6 Pancakes, milk and fruit	7 Biscuits, milk and fruit	8 Cereal, milk and fruit	9 Cornbread, milk and fruit	10
Afternoon snack	Cheese & crackers	Nilla wafers & Cream cheese	Crackers with sunflower butter	Vegetable crackers & fruit	Soft pretzels with cheese	
11 Breakfast	12 Pancakes, milk and fruit	13 Waffles, milk and fruit	14 Cereal, milk and fruit	15 Muffins, milk and fruit	16 Cereal, yogurt and fruit	17
Afternoon snack	Applesauce & graham cracker	Cheese & crackers	Sweet potato crackers & fruit	Animal crackers & fruit	Cheese & crackers	
18 Breakfast	19	20 Cereal, milk and fruit	21 Pancakes, milk and fruit	22 Cereal, milk and fruit	23 Biscuits, milk and fruit	24
Afternoon snack	School Closed	Tortillas with cheese	Vegetable crackers & fruit	Nilla wafers & cream cheese	Graham crackers & cream cheese	
25 Breakfast	26 Waffles, milk and fruit	27 Cereal, yogurt and fruit	28 Biscuits, milk and fruit	29 Cereal, milk and fruit	30 Bagels, cream cheese, milk and fruit	31
Afternoon snack	Cheese & crackers	Animal crackers & fruit	Cheez-its & fruit	Applesauce & graham cracker	Vegetable crackers & fruit	