

# JANUARY 2026 MENU



Discovery Isle®  
Preschool

SUN

MON

TUE

WED

THU

FRI

SAT

Breakfast				1		2 Cereal, milk and fruit	3
Afternoon snack				School Closed		Cheez-its & fruit	
4 Breakfast	5 Cereal, milk and fruit	6 Pancakes, milk and fruit	7 Biscuits, milk and fruit	8 Cereal, milk and fruit	9 Cornbread, milk and fruit	10	
Afternoon snack	Cheese & crackers	Nilla wafers & Cream cheese	Crackers with sunflower butter	Vegetable crackers & fruit	Soft pretzels with cheese		
11 Breakfast	12 Pancakes, milk and fruit	13 Waffles, milk and fruit	14 Cereal, milk and fruit	15 Muffins, milk and fruit	16 Cereal, yogurt and fruit	17	
Afternoon snack	Applesauce & graham cracker	Cheese & crackers	Sweet potato crackers & fruit	Animal crackers & fruit	Cheese & crackers		
18 Breakfast	19	20 Cereal, milk and fruit	21 Pancakes, milk and fruit	22 Cereal, milk and fruit	23 Biscuits, milk and fruit	24	
Afternoon snack	School Closed	Tortillas with cheese	Vegetable crackers & fruit	Nilla wafers & cream cheese	Graham crackers & cream cheese		
25 Breakfast	26 Waffles, milk and fruit	27 Cereal, yogurt and fruit	28 Biscuits, milk and fruit	29 Cereal, milk and fruit	30 Bagels, cream cheese, milk and fruit	31	
Afternoon snack	Cheese & crackers	Animal crackers & fruit	Cheez-its & fruit	Applesauce & graham cracker	Vegetable crackers & fruit		