



1057 DISCOVERY ISLE MENU

25-Nov

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Vanilla Pudding & Crackers</i>	4 BREAKFAST <i>Oatmeal & Dried Fruit</i> SNACK <i>Sunbutter & Apples</i>	5 BREAKFAST <i>French Toast & Milk</i> SNACK <i>Crackers & Fruit</i>	6 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Cream Cheese & Jelly Rollup</i>	7 BREAKFAST <i>Pancakes & Milk</i> SNACK <i>Trailmix & H2O</i>
10 BREAKFAST <i>Oatmeal & Dried Fruit</i> SNACK <i>Quesadillas</i>	11 	12 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Sunbutter Sandwiches</i>	13 BREAKFAST <i>Waffles & Milk</i> SNACK <i>Veggies & Crackers</i>	14 BREAKFAST <i>English Muffin & Jelly</i> SNACK <i>Yogurt & Fruit</i>
17 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Trailmix & H2O</i>	18 BREAKFAST <i>Pancakes & Milk</i> SNACK <i>Bean & Cheese Burritos</i>	19 BREAKFAST <i>Oatmeal & Fruit</i> SNACK <i>Vanilla Pudding & Crackers</i>	20 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Cream Cheese & Jelly Rollup</i>	21 BREAKFAST <i>French Toast & Milk</i> SNACK <i>Yogurt & Fruit</i>
24 BREAKFAST <i>Oatmeal & Fruit</i> SNACK <i>Veggies & Crackers</i>	25 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Yogurt & Fruit</i>	26 BREAKFAST <i>Waffles & Milk</i> SNACK <i>Sunbutter Sandwiches</i>	27 	28 
PORTION SIZES <i>1-2 Years Old</i> <i>*Milk ½ c / Juice 1/4c</i> <i>*FRUIT ¼ cup</i> <i>*CEREAL/OATMEAL ¾ cup</i>	PORTION SIZES <i>3-5 Years Old</i> <i>*Milk 1/3 cup</i> <i>*Fruit 1/3 cup</i> <i>*Juice ½ cup</i>			