



1057 DISCOVERY ISLE MENU

25-Oct

Monday	Tuesday	Wednesday	Thursday	Friday
PORTION SIZES 1-2 Years Old *Milk ½ c / Juice 1/4c *FRUIT ¼ cup *CEREAL/OATMEAL ¾ cup	PORTION SIZES 3-5 Years Old *Milk 1/3 cup *Fruit 1/3 cup *Juice ½ cup	1 BREAKFAST Cereal & Milk SNACK Celery & Sunbutter	2 BREAKFAST Oatmeal & Fruit SNACK Veggies & Ranch	3 BREAKFAST English Muffins & Jelly SNACK Quesadillas
6 BREAKFAST Cereal & Milk SNACK Trail Mix & H2O	7 BREAKFAST Bagels & Cream Cheese SNACK Veggies & Ranch	8 BREAKFAST Waffles & Milk SNACK Crackers & Applesauce	9 BREAKFAST Cereal & Milk SNACK Bean & Cheese Burritos	10 BREAKFAST Pancakes & Milk SNACK Sunbutter Sandwiches
13 	14 BREAKFAST Cereal & Milk SNACK Cream Cheese & Jelly Rollup	15 BREAKFAST Oatmeal & Dried Fruit SNACK Yogurt & Fruit	16 BREAKFAST Bagels & Cream Cheese SNACK Applesauce & Crackers	17 BREAKFAST Waffles & Milk SNACK Fruit & Crackers
20 BREAKFAST English Muffins & Jelly SNACK Quesadillas	21 BREAKFAST Oatmeal & Dried Fruit SNACK Sunbutter Sandwiches	22 BREAKFAST Waffles & Milk SNACK Bean & Cheese Burritos	23 BREAKFAST Cereal & Milk SNACK Cream Cheese & Jelly Rollup	24 BREAKFAST Pancakes & Milk SNACK Veggies & Ranch
27 BREAKFAST Cereal & Milk SNACK Fruit and Crackers	28 BREAKFAST Yogurt & Fruit SNACK Trailmix & H2O	29 BREAKFAST Cereal & Milk SNACK Quesadillas	30 BREAKFAST Oatmeal & Fruit SNACK Yogurt & Crackers	31 BREAKFAST Waffles & Milk SNACK Sunbutter Sandwiches