



1057 DISCOVERY ISLE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
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1-2 Years Old	3-5 Years Old			BREAKFAST
*Milk ½ c / Juice 1/4c	*Milk 1/3 cup			Cereal & Milk
*FRUIT ½ cup	*Fruit 1/3 cup			SNACK
*CEREAL/OATMEAL ¾ cup	*Juice ½ cup			Cream Cheese & Jelly Roll Up
4	5	6	7	8
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal w/ Dried Fruit	Waffles w/ Milk	Cereal & Milk	Pancakes & Milk	Bagels & Cream Cheese
SNACK	SNACK	SNACK	SNACK	SNACK
Crackers & Fruit	Sunbutter Sandwiches	Quesadillas & H2O	Graham Crackers & Yogurt	Trailmix & H2O
11	12	13	14	15
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal & Milk	English Muffins w/ Jelly	Pancakes & Milk	Oatmeal w/ Dried fruit	Waffles w/ Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Quesadillas & H2O	Yogurt & Fruit	Crackers & Fruit	Bean & Cheese Burritos	Sunbutter & Jelly Sandwiches
18	19	20	21	22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal & Milk	Biscuits w/ Jelly	English Muffins w/Cream Cheese	Waffles w/ Milk	Cereal w/ Milk
SNACK	SNACK	SNACK	SNACK	SNACK
Cream Cheese/Jelly Roll Up	Fruit & Cheese	Yogurt & Graham Crackers	Sunbutter Sandwiches	Veggies & Ranch
25	26	27	28	29
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal w/ Dried Fruit	Cereal w/ Milk	Biscuits w/ Jelly	Waffles w/ Milk	Bagels w/ Cream Cheese
SNACK	SNACK	SNACK	SNACK	SNACK
Bean & Cheese Burritos	Applesauce & Crackers	Quesadillas & H2O	Yogurt & Fruit	Sunbutter & Jelly Sandwiches

Discovery Isle 1057 308 S. Twin Oaks Valley Rd San Marcos, CA 92078