

July Menu



	MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	
			1	2	3		4
Bfast		Cheese Quesadilla, fruit, milk		Cereal, Fruit, Milk	Waffles, Fruit, Milk	SCHOOL CLOSED	
PM Snack		Applesauce & crackers		Bananas & sunbutter	Goldfish		
		7	8	9	10	1	11
Bfast	Cereal, Fruit, Milk	Pancakes, fruit, milk		Cereal, Fruit, Milk	Biscuit & jelly, fruit and Milk	Cereal, Fruit, Milk	
PM Snack	yogurt	Pretzles & cheese		Cheez-itz	Nilla Wafers	Animal crackers	
		14	15	16	17	1	18
Bfast	Cereal, Fruit, Milk	Frenchtoast, Fruit, Milk		Cereal, Fruit, Milk	yogurt, fruit, milk	Cereal, Fruit, Milk	
PM Snack	Ritz crackers and cheese	Goldfish		Veggie Chips	Pudding	Teddy grahams	
		21	22	23	24		25
Bfast	Cereal, Fruit, Milk	Pancakes, fruit & milk		Cereal, Fruit, Milk	Yogurt, Fruit, Milk	Cereal, Fruit, Milk	
PM Snack	Veggie Chips	Ghraham Crackers		Animal Crackers	CHEF'S CHOICE	CHEF'S CHOICE	
		28					
Bfast	Cereal, Fruit, Milk						
PM Snack	CHEF'S CHOICE						

+