





MARCH



Menu 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Break-fast	 *Milk served: 2-24 months whole milk 2yrs-5 yrs 1% milk				1
PM Snack	 *Cereal served: Cheerios, Kix, Chex, Rice Krispies				Chef's Choice
Break- fast	4 Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	5 Oatmeal (1/2c) Fruit (1/2 C)	6 Muffins (1) Yogurt (1/4 C)	7 Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	8 French Toast (1/2) Fruit (1/2 C) Milk (4 oz)
PM Snack	Nilla Wafers (5) Yogurt (1/2c)	Goldfish (14) Fruit (1/2 C)	Graham Crackers (1) - Cream Cheese (1 Tbsp)	Bananas (1/2 C) Sunbutter (1 Tbsp)	Cheese (1 Slice) Crackers (4)
Break-fast	11 Bagels (1) Cream Cheese (1 Tbsp)	12 Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	13 Pancakes (1/2) Fruit (1/2 C) Milk (4 oz)	14 Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	15 Lucky Charm Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)
PM Snack	Cheez-its (14 pcs) Fruit (1/2C)	English muffin Pizza (1) Fruit (1/2c)	Apples (1/2 C) Sunbutter (1 Tbsp)	Moon Pie (1/2C) Fruit (1/2 c)	Green Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)
Break-fast	18 Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)	19 Waffles (1/2) Fruit (1/2 C) Milk (4 OZ.)	20 Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	21 French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	22 Muffins (1) Yogurt (1/4 C)
PM Snack	Cookie (1 pcs) Fruit (1/2C)	Hello Spring Jello (1/2 C) Fruit(1/2c)	Pancakes (1) Fruit (1 Tbsp)	Apples (1/2 C) Cheese (1 Slice)	Cheez-its (14 pcs) Fruit (1/2C)
Break-fast	25 Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	26 Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	27 Waffles (1/2) Fruit (1/2 C) Milk (4 OZ.)	28 Bagels (1) Cream Cheese (1 Tbsp)	29 Oatmeal (1/2c) Fruit (1/2 C)
PM Snack	Rolled Tortilla (1/2) Sunbutter (1 Tbsp) Jelly (1 Tbsp)	Graham Crackers (1) Hot Cocoa (4 oz)	Goldfish (14) Fruit (1/2 C)	String Cheese (1) Ritz-Crackers (4)	Wheat Thins (5) Cream Cheese (1 Tbsp)