



JANUARY

Menu 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
Break-fast	School Closed Happy New Year	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Waffles (1/2) Fruit (1/2 C) Milk (4 OZ.)	Bagels (1) Cream Cheese (1 Tbsp)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)
PM Snack		Goldfish (14) Fruit (1/2 C)	Do you build a snowman? Crackers (3), raisins (1/4), pretzels sticks(2)	Bananas (1/2 C) Sunbutter (1 Tbsp)	Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)
	8	9	10	11	12
Break- fast	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Oatmeal (1/2c) Fruit (1/2 C)	Chef's Choice
PM Snack	Cheez-its (14 pcs) Fruit (1/2C)	Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)	Animal Crackers (12) Fruit (1/2 C)	"Yogurt Parfait" Vanilla Waffers (1) Yogurt (1/4 c) and Fruit (1/4c)	Cheese (1 Slice) Crackers (4)
	15	16	17	18	19
Break-fast	School Closed Happy Holidays	Muffins (1) Yogurt (1/4 C)	Pancakes (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)
PM Snack		Nilla Wafers (5) Sunbutter (1 Tbsp)	Goldfish (14) Fruit (1/2 C)	Trail Mix (1/2 c) Fruit (1/2 c)	Wheat Thins (5) Cream Cheese (1 Tbsp)
	22	23	24	25	26
Break-fast	Oatmeal (1/2) Fruit (1/2 C)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	Chef's Choice
PM Snack	Graham Crackers (1) Hot Cocoa (4 oz)	Animal Crackers (12) Fruit (1/2 C)	Rolled Tortilla (1/2) Sunbutter (1 Tbsp) Jelly (1 Tbsp)	Cheez-its (14 pcs) Fruit (1/2C)	Apples (1/2 C) Sunbutter (1 Tbsp)
	29	30	31		
Break-fast	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Bagels (1) Cream Cheese (1 Tbsp)	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)		*Milk served: 2-24 months whole milk 2yrs-5 yrs 1% milk
PM Snack	String Cheese (1) Ritz-Crackers (4)	Nilla Wafers (5) Applesauce(1/2c)	Trail Mix (1/2 c) Fruit (1/2 c)		*Cereal served: Cheerios, Kix, Chex, Rice Krispies



