

### **DECEMBER NEWSLETTER**





As the winter season approaches, we are filled with excitement for the festivities ahead. We believe in creating a nurturing environment that celebrates the rich traditions that make each family unique. This month, our students will delve into different holiday traditions from all corners of the globe through hands-on activities, music, art, and more



### **Reminders**

With the tuition increase, remember to fill out a tuition agreement form in the front office.

Thank you for your continued support and Happy Holidays



# **December Events**







- Dec 7- Hanukkah! Wear blue!
- Dec 12- Rock holiday socks!
- Dec 18- Wear your favorite Holiday hat!
- Dec 21-1st day of winter! Ugly sweater day!
- Dec 22 & 25- School closed (Christmas)
- Dec 26- Kwanzaa! Wear green, red, & black!
- Dec 27 & 28- Wear Holiday Pajamas!
- Dec 29- School Closed ( New Years)







#### Discovery Isle Preschool La Costa

#### Baby Clothing Drive November 27 - December 8



Babies in many areas of San Diego lack appropriate items of clothing to help them stay warm and thrive during the first year.

Gently Hugged collects very gently used or new infant clothing in Newborn to 18 month sizes along with blankets, bibs, socks, shoes, hats, jackets, and board books.

Enough essential items for a baby's first year are packed and then distributed by nurses and social workers to low-income, military, and disadvantaged families in underserved areas.

Distribution sites include Hospitals Public Health Regional Centers, Clinics,& Social Service Agencies.



Thank you for your help!

Donated items are tax deductible

Receipts available



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## Little Hands, Big Hearts: Benefits of Teaching Children about Giving Back

The holiday season is not just about festive decorations and presents. It's a time to reflect on the past year, learn about different traditions, and most importantly, instill a spirit of charity.

Giving back is an integral part of our school. Whether we're collecting food, toys, gifts, or clothing... it's amazing how much joy simple acts of kindness can bring.

Here are just a few of the many lifelong benefits of involving children in giving initiatives.



### **Develops a sense of community**

Giving back to those in need instills a sense of communal responsibility and provides children with tangible

examples of how their actions directly affect others. Making holiday cards, for example, becomes more than a craft; it becomes a heartfelt gesture to bring joy to neighbors who may feel isolated during the holiday

season. Children learn that their contributions, no matter how small, are integral to the well-being of the larger community.

### Fosters empathy and gratitude

Empathy and gratitude are paramount to social-emotional development. When students participate in giving

initiatives, they begin to understand the needs of others and the importance of compassion and kindness. This exposure in the preschool years sets the stage for a lifelong positive and appreciative mindset.

### **Builds important life skills**

Our students plan their community service events from brainstorm to implementation and learn valuable life

skills, including teamwork, problem-solving, communication, and responsibility. These skills contribute to the

development of well-rounded individuals. Not only are they academically prepared for what comes next, but

they also exhibit social consciousness and work collaboratively to make a difference in their world.

### **Encourages a sense of pride**

Successfully completing a service project instills a sense of pride and self-esteem in our students. When they recognize that their contributions have left a positive impact, it boosts their confidence and reinforces the notion that their actions matter.