



NOVEMBER NEWSLETTER

We had so much fun last month engaging in fall lessons, pumpkin themed activities, and classroom celebrations. This month, we are focusing on gratitude, connecting with others, and sharing family traditions. Thank you for allowing us to teach and care for your children.

EVENTS

- **November 1-2** - Dia De Los Muertos
- **November 6**- Diwali preparations, children will create lanterns (wear yellow, blue, or purple)
- **November 10**- Professional development day & Veterans Day (School Closed)
- **November 17**- Micky & Minnie's Birthday! Wear your best Mickey and Minnie outfit
- **November 22**- Pajama Day- Bring in your favorite stuffed animal!
- **November 23 & 24**- School Closed for Thanksgiving Holiday
- **November 27**- The start of Gently Hugged donation (see flyer below)
- **November 29**- Western Day, Dress like a cowboy!



Friendly Reminders:

- The school will be closed on **November 10th** for our staff development day and on **November 23rd & 24th** to observe Thanksgiving Holiday :)
- Every time your child gets a new immunization please bring in an updated immunization document to the front office to keep in their file.



Clothing donated for babies in need
www.gentlyhugged.org
a nonprofit corporation



Please Donate Baby Clothing

Newborn to 12 month sizes only please

Many newborns in San Diego County lack appropriate items of clothing and blankets to help them stay warm and thrive during the crucial first year.

Donations requested are very gently used or new **infant clothing** in **Newborn to 12 month sizes.** Blankets, bibs, socks, hats, jackets, board or cloth books for babies, and diapers are also welcomed.

Enough essential items for a baby's first year are packed and labeled for a "boy" or "girl" and then distributed by nurses and social workers to low-income, military, and disadvantaged families in underserved areas.

Distribution sites include

- PublicHealthNurseRegions
- Hospitals and low-income clinics
- Children's Welfare Services
- SocialServiceAgencies



Thank you for your help!
donated items are tax deductible

Raising Thankful Kids: 5 Books to Instill Gratitude in Your Preschooler

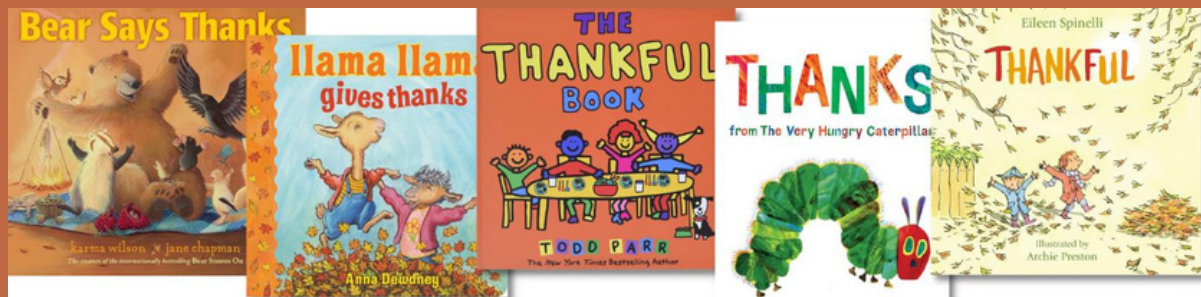
Building a sense of gratitude in young children is an essential part of their development. Through our Links to Learning curriculum, we continuously strive to cultivate an environment where appreciation is nurtured all year round. As we approach this joyous holiday season, we are particularly reminded of the significance of fostering an attitude of gratitude in our students and incorporate hands-on lessons related to empathy, kindness, and giving back.

A great way to continue the learning at home is through meaningful conversations with your child.

Consider

asking questions such as, "What made you smile today?" or "What are some ways we can show our friend that we are thankful for them?" and "What are you thankful for today?"

Books also provide an excellent platform for nurturing gratitude and inspiring discussions with your child. Take a look at some of our favorites below.



***Bear Says Thanks* by Karma Wilson**

Your child will love the rhythmic text and engaging plot of *Bear Says Thanks*. Seamlessly weaving together the themes of sharing and thankfulness, this book follows Bear as he discovers the true meaning of gratitude. As Bear navigates his day, various situations prompt him to reflect on the significance of expressing appreciation for others.

***Llama Llama Gives Thanks* by Anna Dewdney**

If your child loves the *Llama Llama* books, this is a perfect story to read together this season. Llama Llama embarks on a journey to discover the true meaning of Thanksgiving, guided by the loving support of family and friends. The book encourages readers to embrace the spirit of gratitude during the holiday season and beyond.

***The Thankful Book* by Todd Parr**

This enchanting book from Todd Parr not only fosters a sense of thankfulness, but also encourages children to embrace diversity and empathy. From the sunshine to our food, this story emphasizes the importance of acknowledging the wonderful things around us. It's a timeless reminder to appreciate the little blessings that

***Thanks From the Very Hungry Caterpillar* by
Eric Carle**

Eric Carle's iconic collage-style illustrations vividly capture the wonders of nature and the joy of friendship, inviting young readers to cherish the beauty of the world around them. Join the beloved Hungry Caterpillar as he encounters a host of animals, navigates the changing seasons, and learns to give thanks for the simple joys each moment brings.

***Thankful* by Eileen Spinelli**

Thankful beautifully highlights the importance of showing appreciation for the people who enrich our communities, from dedicated gardeners to selfless firefighters, whose contributions sometimes go unnoticed. With its charming rhyming text and whimsical illustrations, this book reminds us to cherish the small joys that fill our days.