

# October 2023 Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Graham Crackers	3 <b>Breakfast:</b> Pancakes with Fruit  <b>PM Snack:</b> Whole Grain Goldfish	4 <b>Breakfast:</b> Biscuits with Jelly  <b>PM Snack:</b> Pretzels & Craisons	5 <b>Breakfast:</b> Quesadillas  <b>PM Snack:</b> Apple Sauce & Saltines	6 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Bagels with Sunbutter	7 
8	Closed For Professional Development Day	10 <b>Breakfast:</b> Pancakes with Fruit  <b>PM Snack:</b> Whole Grain Goldfish	11 <b>Breakfast:</b> Biscuits With Jelly  <b>PM Snack:</b> Pretzels & Craisons	12 <b>Breakfast:</b> Quesadillas  <b>PM Snack:</b> Apple Sauce & Saltines	13 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Bagels with Sunbutter	14
15 	16 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Graham Crackers	17 <b>Breakfast:</b> Pancakes with Fruit  <b>PM Snack:</b> Whole Grain Goldfish	18 <b>Breakfast:</b> Biscuits with Jelly  <b>PM Snack:</b> Pretzels & Craisons	19 <b>Breakfast:</b> Quesadillas  <b>PM Snack:</b> Apple Sauce & Saltines	20 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Bagels with Sunbutter	21
22	23 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Graham crackers	24 <b>Breakfast:</b> Pancakes with Fruit  <b>PM Snack:</b> Whole Grain Goldfish	25 <b>Breakfast:</b> Biscuits with Jelly  <b>PM Snack:</b> Pretzels & Craisons	26 <b>Breakfast:</b> Quesadillas  <b>PM Snack:</b> Apple Sauce & Saltines	27 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Bagels with Sunbutter	28
29	30 <b>Breakfast:</b> Cereal & Milk  <b>PM Snack:</b> Wheat Thins & Hummus	31 <b>Breakfast:</b> Pancakes with Fruit  <b>PM Snack:</b> Whole Grain Goldfish				