



Discovery Isle **Toddler** Snack Menu

September 2023

				1 AM: Quesadillas, fruit and milk PM: Cereal, fruit and milk
4 No School! Closed for Labor day!	5 AM: Cream cheese roll ups, fruit and milk PM: Graham Crackers, fruit and milk	6 AM: Cereal, fruit and milk PM: Goldfish, fruit and milk	7 AM: Yogurt, fruit and milk PM: Cereal, fruit and milk	8 AM: Bagels with cream cheese, fruit and milk PM: Graham Crackers and yogurt, fruit and milk
11 AM: Graham Crackers and cream cheese, fruit and milk PM: Ritz Crackers and sliced cheese, fruit and milk	12 AM: Waffles, fruit and milk PM: Goldfish, fruit and milk	13 AM: Graham Crackers and yogurt, fruit, milk PM: Animal crackers, fruit, milk	14 AM: Cereal, fruit and milk PM: Pancakes, fruit and milk	15 AM: Ritz crackers, fruit and milk PM: Cream cheese roll ups, fruit and milk
18 AM: Yogurt, fruit and milk PM: Cereal, fruit and milk	19 AM: Bagels with cream cheese, fruit and milk PM: Graham Crackers, fruit and milk	20 AM: Quesadillas, fruit and milk PM: Cereal, blueberries, fruit and milk	21 AM: Pancakes, fruit and milk PM: Goldfish, fruit and milk	22 AM: Animal Crackers, applesauce, fruit and milk PM: Ritz Crackers and sliced cheese, fruit and milk
25 AM: Waffles, fruit and milk PM: Goldfish, fruit and milk	26 AM: Cream cheese roll ups, blueberries, milk PM: Yogurt, fruit and milk	27 AM: Ritz crackers and sliced cheese, fruit and milk PM: Animal Crackers, fruit and milk	28 AM: Bagels with cream cheese, yogurt, fruit and milk PM: Graham Crackers and yogurt, fruit, milk	29 AM: Cereal, fruit and milk PM: Goldfish, fruit and milk

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.