



Discovery Isle Snack Menu

September 2023

				1 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk
4 No School! Closed for Labor Day!	5 AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk	6 AM: Yogurt, fruit, milk PM: Goldfish, fruit, milk	7 AM: Pancakes, fruit, milk PM: Cheez-its, fruit, milk	8 AM: Cream Cheese roll ups, fruit, milk PM: Cereal, fruit, milk
11 AM: Bagels with cream cheese, fruit, milk PM: Animal Crackers, fruit, milk	12 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	13 AM: Cereal, fruit, milk PM: Yogurt, fruit, milk	14 AM: Ritz Crackers with cheese, fruit, milk PM: Animal crackers, fruit, milk	15 AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk
18 AM: Graham Crackers, fruit, milk PM: Goldfish, fruit, milk	19 AM: Cream Cheese roll ups, fruit, milk PM: Animal crackers, fruit, milk	20 AM: Yogurt, fruit, milk PM: Pancakes, fruit, milk	21 AM: Cereal, fruit, milk PM: Ritz crackers with sliced cheese, fruit, milk	22 AM: Goldfish, fruit, milk PM: Cheez-its, fruit, milk
25 AM: Cereal, fruit, milk PM: Yogurt, fruit, milk	26 AM: Pancakes, fruit, milk PM: Cream cheese roll ups, fruit, milk	27 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	28 AM: Quesadillas, fruit, milk PM: Yogurt, fruit, milk	29 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.