

May 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	1 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	2 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	3 Waffles(1), Fruit (1/2C), Milk (6oz)	4 Bagel w/cream cheese (1), Fruit (1/2C). Juice (4oz)	5 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Goldfish(14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (8), Fruit, and Water(3/4C)	Yogurt (1/2C) Apple slices and Water	Grahams w/ cream cheese(1), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)
Breakfast	8 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	9 Pancake(1), Fruit (1/2C), Milk (6oz)	10 Bagel w/cream cheese (1), Fruit (1/2C), Juice (4oz)	11 French Toast, Fruit (1/2C), Milk (6oz)	12 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Yogurt (1/2C) Nilla Wafers (6) and Water	Wheat Thins w/ cream cheese(1), Juice(3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (8), Fruit, and Water(3/4C)	Yogurt (1/2C) Apple slices and Water
Breakfast	15 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	16 Waffles(1), Fruit (1/2C), Milk (6oz)	17 French Toast, Fruit (1/2C), Milk (6oz)	18 Pancake(1), Fruit (1/2C), Milk (6oz)	19 Chef's Choice, Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Grahams w/cream cheese(1), Juice(3/4C)	Ritz Crackers (4), Sun Butter (1tsp), Juice (3/4C)	Goldfish(14pcs), Fruit (1/2C), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Wheat Thins w/ cream cheese(1), Juice(3/4C)
Breakfast	22 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	23 Bagel w/cream cheese (1), Fruit (1/2C), Juice (4oz)	24 French Toast, Fruit (1/2C), Milk (6oz)	25 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	26 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Animal Crackers (8), Fruit, and Water(3/4C)	Grahams w/ cream cheese(1), Juice(3/4C)	Ritz Crackers (4), Sun Butter (1tsp), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	29 CENTER CLOSED IN OBSERVANCE OF MEMORIAL DAY	30 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	31 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)		
Lunch		Food From Home	Food From Home		
PM Snack		Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Yogurt (1/2C) Nilla Wafers (6)and Water		

Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.

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