

March 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast			¹ Quesadillas (1), Fruit (1/2C), Milk (6oz)	² Bagels & Cream Cheese (1), Fruit (1/3C) Milk (6oz)	³ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch			Food From Home	Food From Home	Food From Home
PM Snack			Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Goldfish Crackers (14pcs), Fruit (1/2C), Juice (3/4C)	Apple Slices, Yogurt (1/3C)and water
Breakfast	⁶ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	⁷ French Toast Sticks (1), Fruit (1/2C). Milk (6oz)	⁸ Bagels & Cream Cheese (1), Fruit (1/3C) Milk (6oz)	⁹ Waffle Sticks, Fruit (1/2C), Milk (6oz)	¹⁰ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Grahams w/cream cheese(1), Juice(3/4C)	Apple Slices, Yogurt (1/3C)and water	Nilla Wafers (4), Organic Yogurt (1/3C), Juice (3/4C)	Goldfish Crackers (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	¹³ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	¹⁴ Waffle Sticks, Fruit (1/2C), Milk (6oz)	¹⁵ French Toast Sticks, Fruit (1/2C), Juice (4oz)	¹⁶ Pancakes (1), Fruit (1/3C) Milk (6oz)	¹⁷ ***Cereal (1/3C) (1), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Apple Slices, String Cheese, and water	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Grahams w/cream cheese(1), Juice(3/4C)	St. Patricks Snack Mix, Juice (3/4C)
Breakfast	²⁰ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	²¹ Pancakes (1), Fruit (1/3C) Milk (6oz)	²² Quesadillas (1), Fruit (1/2C), Milk (6oz)	²³ Waffle Sticks, Fruit (1/2C), Juice (4oz)	²⁴ ***Cereal (1/3C) (1), Fruit (1/2C). Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Sun Butter,Crackers (3) & Juice (6oz)	Grahams w/cream cheese(1), Juice(3/4C)	Apple Slices, String Cheese, and water	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	²⁷ ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	²⁸ Bagels & Cream Cheese (1), Fruit (1/3C) Milk (6oz)	²⁹ French Toast Sticks, Fruit (1/2C), Juice (4oz)	³⁰ Quesadillas (1), Fruit (1/2C), Milk (6oz)	³¹ ***Cereal (1/3C) (1), Fruit (1/2C). Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Goldfish Crackers (14pcs), Fruit (1/2C), Juice (3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Grahams w/ cream cheese(1), Juice(3/4C)	Sun Butter,Crackers (3) & Juice (6oz)

Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.

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