



## Discovery Isle Snack Menu: March 2023

		<b>1</b> <b>AM:</b> French Toast, fruit, milk  <b>PM:</b> Goldfish, fruit, milk	<b>2</b> <b>AM:</b> Bagels and sliced cheese, fruit, milk  <b>PM:</b> Ritz Crackers and sliced cheese, fruit, milk	<b>3</b> <b>AM:</b> Pancakes, fruit, milk  <b>PM:</b> Animal Crackers, fruit, milk
<b>6</b> <b>AM:</b> Ritz Crackers and sliced cheese, fruit, milk  <b>PM:</b> Cream Cheese Roll Ups, fruit, milk	<b>7</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Cheese itz, fruit, milk	<b>8</b> <b>AM:</b> Cream cheese roll ups, fruit, milk  <b>PM:</b> Cheese its, fruit, milk	<b>9</b> <b>AM:</b> Graham Crackers, fruit, milk  <b>PM:</b> Ritz Crackers and sliced cheese, fruit, milk	<b>10</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Cereal, fruit, milk
<b>13</b> <b>AM:</b> Yogurt, fruit, milk  <b>PM:</b> Nilla Wafers, fruit, milk	<b>14</b> <b>AM:</b> Bagels with cream cheese, fruit, milk <b>PM:</b> Graham Crackers, fruit, milk	<b>15</b> <b>AM:</b> Ritz Crackers and sliced cheese, fruit, milk  <b>PM:</b> Waffles, fruit, milk	<b>16</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Cereal, fruit, milk	<b>17</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Yogurt, fruit, and milk
<b>20</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Cereal, fruit, milk	<b>21</b> <b>AM:</b> Ritz Crackers and sliced cheese, fruit, milk  <b>PM:</b> Cream Cheese Roll Ups, fruit, milk	<b>22</b> <b>AM:</b> Bagels and cream cheese, fruit, milk  <b>PM:</b> Graham Crackers, fruit, milk	<b>23</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Bagels with cream cheese, fruit, and milk	<b>24</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Nilla Wafers, fruit, milk
<b>27</b> <b>AM:</b> Cream cheese roll ups, fruit, milk  <b>PM:</b> Yogurt, fruit, milk	<b>28</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> cheese itz, blueberries, milk	<b>29</b> <b>AM:</b> Yogurt, fruit, milk  <b>PM:</b> Nilla Wafers, fruit, milk	<b>30</b> <b>AM:</b> Bagels and cream cheese, fruit, milk  <b>PM:</b> Graham Crackers, fruit, milk	<b>31</b> <b>AM:</b> Pancakes, fruit, milk  <b>PM:</b> Animal Crackers, fruit, milk

\***Toddler and Infants** will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.