



Discovery Isle Snack Menu: March 2023 **Toddler**

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| | | 1 AM: French Toast, fruit, milk PM: Goldfish, fruit, milk | 2 AM: Bagels and sliced cheese, fruit, milk PM: Ritz Crackers and sliced cheese, blueberries, milk | 3 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk |
| 6 AM: Ritz Crackers and sliced cheese, fruit, milk PM: Cream Cheese Roll Ups, fruit, milk | 7 AM: Waffles, fruit, milk PM: Cereal, blueberries, milk | 8 AM: Cream cheese roll ups, fruit, milk PM: Cheese its, fruit, milk | 9 AM: Graham Crackers, fruit, milk PM: Ritz Crackers and sliced cheese, fruit, milk | 10 AM: Quesadillas, fruit, milk PM: Cereal, fruit, milk |
| 13 AM: Yogurt, fruit, milk PM: Nilla Wafers, fruit, milk | 14 AM: Bagels with cream cheese, fruit, milk PM: Graham Crackers, fruit, milk | 15 AM: Ritz Crackers and sliced cheese, fruit, milk PM: Waffles, fruit, milk | 16 AM: Quesadillas, fruit, milk PM: Cereal, fruit, milk | 17 AM: Cereal, fruit, milk PM: Yogurt, fruit, and milk |
| 20 AM: Quesadillas, fruit, milk PM: Cereal, fruit, milk | 21 AM: Ritz Crackers and sliced cheese, fruit, milk PM: Cream Cheese Roll Ups, fruit, milk | 22 AM: Bagels and cream cheese, fruit, milk PM: Graham Crackers, fruit, milk | 23 AM: Cereal, fruit, milk PM: Bagels with cream cheese, fruit, and milk | 24 AM: Waffles, fruit, milk PM: Nilla Wafers, fruit, milk |
| 27 AM: Cream cheese roll ups, fruit, milk PM: Yogurt, fruit, milk | 28 AM: Waffles, fruit, milk PM: Cereal, blueberries, milk | 29 AM: Yogurt, fruit, milk PM: Nilla Wafers, fruit, milk | 30 AM: Bagels and cream cheese, fruit, milk PM: Graham Crackers, fruit, milk | 31 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk |

***Toddler and Infants** will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.