



March Menu 2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
Break-fast			Waffles, Fruit and Milk	Quesadilla and Fruit	Cereal, Fruit and Milk
PM Snack			Crackers and Cheese	Bananas and Sunbutter	Veggies w/ Ranch and Crackers
	6	7	8	9	10
Break-fast	Cereal, Fruit and Milk	Muffins and Yogurt	Waffles, Fruit and Milk	French Toast with Fruit and Milk	Cereal, Fruit and Milk
PM Snack	Cheez-Its and Fruit	Graham Crackers and Cream Cheese	Apples and Cheese	Goldfish and Raisins	Vanilla Wafers and Sunbutter
	13	14	15	16	17
Break-fast	Cereal, Fruit and Milk	Muffins and Yogurt	Bagels with Cream Cheese and Fruit	Pancakes, Fruit and Milk	Cereal, Fruit and Milk
PM Snack	Crackers and Cheese	Apples and Sunbutter	Animal Crackers and Yogurt	Veggies w/ Ranch and Crackers	St. Patrick's Day Trail Mix
	20	21	22	23	24
Break-fast	Cereal, Fruit and Milk	Pancakes, Fruit and Milk	Quesadilla, Fruit and Milk	Waffles, Fruit and Milk	Cereal, Fruit and Milk
PM Snack	Vanilla Wafers and Sunbutter	Goldfish and Raisins	Graham Crackers and Cream Cheese	Apples and Cheese	Cheez-it's and Fruit
	27	28	29	30	31
Break-fast	Cereal, Fruit and Milk	Bagels with Cream Cheese and Fruit	French Toast, Fruit and Milk	Quesadilla, Fruit and Milk	Cereal, Fruit and Milk
PM Snack	Veggies w/ Ranch and Crackers	Animal Crackers and Apple Sauce	Crackers and Cheese	Graham Crackers and Sunbutter	Chef's Choice

