



# Discovery Isle Snack Menu

## January 2023

<b>2</b>  <b>School is Closed for New Year's Holiday</b>	<b>3</b> <b>AM:</b> Waffles, fruit and milk  <b>PM:</b> Cracker mix, fruit, milk	<b>4</b> <b>AM:</b> Quesadillas, fruit and milk  <b>PM:</b> Cereal, fruit and milk	<b>5</b> <b>AM:</b> Yogurt, fruit and milk  <b>PM:</b> Nilla Wafers, fruit and milk	<b>6</b> <b>AM:</b> Bagels with cream cheese, fruit and milk  <b>PM:</b> Graham Crackers and fruit and milk
<b>9</b> <b>AM:</b> Cereal, fruit and milk  <b>PM:</b> Yogurt, fruit and milk	<b>10</b> <b>AM:</b> Ritz Crackers with cheese, fruit and milk  <b>PM:</b> Waffles, fruit and milk	<b>11</b> <b>AM:</b> Cream cheese roll ups, fruit and milk  <b>PM:</b> Goldfish, fruit and milk	<b>12</b> <b>AM:</b> Graham Crackers and cream cheese, fruit and milk  <b>PM:</b> Animal Crackers, fruit and milk	<b>13</b> <b>AM:</b> Pancakes, fruit and milk  <b>PM:</b> Cheeze-Itz, fruit and milk
<b>16</b> <b>AM:</b> Graham Crackers, fruit and milk  <b>PM:</b> Ritz Crackers and sliced cheese, fruit and milk	<b>17</b> <b>AM:</b> Pancakes, fruit and milk  <b>PM:</b> Cheeze-Itz, fruit and milk	<b>18</b> <b>AM:</b> Cream cheese roll ups, fruit and milk  <b>PM:</b> Cracker mix, fruit and milk	<b>19</b> <b>AM:</b> Bagels with slice cheese, fruit and milk  <b>PM:</b> Graham Crackers, cheese, fruit and milk	<b>20</b> <b>AM:</b> Yogurt, fruit and milk  <b>PM:</b> Nilla Wafers, fruit and milk
<b>23</b> <b>AM:</b> Cereal, fruit and milk  <b>PM:</b> Yogurt, fruit and milk	<b>24</b> <b>AM:</b> Graham Crackers, fruit and milk  <b>PM:</b> Animal Crackers and fruit and milk	<b>25</b> <b>AM:</b> Yogurt, fruit and milk  <b>PM:</b> Nilla Wafers and fruit and milk	<b>26</b> <b>AM:</b> Ritz Crackers with cheese, fruit and milk  <b>PM:</b> Waffles, fruit and milk	<b>27</b> <b>AM:</b> Animal Crackers, fruit and milk  <b>PM:</b> Cheeze-Itz, fruit and milk
<b>30</b> <b>AM:</b> Ritz Crackers with cheese, fruit and milk  <b>PM:</b> Cracker mix, fruit and milk	<b>31</b> <b>AM:</b> Cream cheese roll ups, fruit and milk  <b>PM:</b> Ritz Crackers and cheese, fruit and milk			

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.

