

December 2022 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				1 Bagel w/cream cheese (1), Yogurt (1/3C), Fruit (1/2C), Milk (6oz)	2 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch				Food From Home	Food From Home
PM Snack				Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Apple Slices (4), Yogurt (1/3C), Juice (3/4C)
Breakfast	5 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	6 French Toast Sticks (2), Fruit (1/2C), Juice (4oz)	7 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	8 Pancakes(2), Fruit (1/2C), Milk (6oz)	9 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Nilla Wafers (4), Yogurt (1/3C), Juice (3/4C)	Apple Slices (4), Yogurt (1/3C), Juice (3/4C)	Grahams w/cream cheese(1), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)
Breakfast	12 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	13 Waffle Sticks(2), Fruit (1/2C), Milk (6oz)	14 Bagel w/cream cheese (1), Yogurt (1/3C), Fruit (1/2C), Milk (6oz)	15 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	16 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Goldfish (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (6),Milk (6oz)	Grahams w/cream cheese(1), Juice(3/4C)	Cucumbers w/Ranch (4),Crackers (4), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	19 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	20 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	21 French Toast Sticks (2), Fruit (1/2C), Juice (4oz)	22 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	23
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	SCHOOL CLOSED
PM Snack	Goldfish (14pcs), Fruit (1/2C), Juice (3/4C)	Cucumbers w/Ranch (4),Crackers (4), Juice (3/4C)	Animal Crackers (6),Milk (6oz)	Nilla Wafers (4), Yogurt (1/3C), Juice (3/4C)	
Breakfast	26	27 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	28 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	29 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	30
Lunch	SCHOOL CLOSED	Food From Home	Food From Home	Food From Home	SCHOOL CLOSED
PM Snack		Goldfish (14pcs), Fruit (1/2C), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (6),Milk (6oz)	

