



# Discovery Isle Snack Menu

## November 2022

	<b>1</b> <b>AM:</b> French Toast, fruit, milk <b>PM:</b> Goldfish, fruit, milk	<b>2</b> <b>AM:</b> Animal Crackers, fruit, milk <b>PM:</b> Cream cheese roll ups, fruit, and milk	<b>3</b> <b>AM:</b> Cereal, fruit, milk <b>PM:</b> Yogurt, fruit, and milk	<b>4</b> <b>AM:</b> Graham Crackers, fruit, milk <b>PM:</b> Ritz Crackers and sliced cheese, fruit, and milk
<b>7</b> <b>AM:</b> Quesadillas, fruit, milk <b>PM:</b> Cereal, fruit, and milk	<b>8</b> <b>AM:</b> Yogurt, fruit, milk <b>PM:</b> Nilla Wafers, fruit, and milk	<b>9</b> <b>AM:</b> Graham Crackers and cream cheese, fruit, milk <b>PM:</b> Cream cheese roll-ups, fruit, and milk	<b>10</b> <b>AM:</b> Ritz Crackers with cheese, fruit, milk <b>PM:</b> French toast, fruit, milk	<b>11</b> <b>CLOSED FOR VETERAN'S DAY AND PROFESSIONAL DEVELOPMENT DAY!</b>
<b>14</b> <b>AM:</b> Ritz Crackers and sliced cheese with fruit, milk <b>PM:</b> French toast, fruit, and milk	<b>15</b> <b>AM:</b> Cereal, fruit, milk <b>PM:</b> Yogurt, fruit, and milk	<b>16</b> <b>AM:</b> Pancakes, fruit, milk <b>PM:</b> Animal Crackers, fruit, milk	<b>17</b> <b>AM:</b> Animal crackers, fruit, milk <b>PM:</b> Cream cheese Roll-ups, fruit, milk	<b>18</b> <b>AM:</b> Quesadillas, fruit, milk <b>PM:</b> Cereal, fruit, and milk
<b>20</b> <b>AM:</b> Bagels with cream cheese, fruit, milk <b>PM:</b> Graham Crackers and cream cheese, fruit, and milk	<b>21</b> <b>AM:</b> Waffles, fruit, milk <b>PM:</b> Cheese itz, fruit, and milk	<b>22</b> <b>AM:</b> Cereal, fruit, milk <b>PM:</b> French toast, fruit, and milk	<b>23</b> <b>CLOSED FOR THE THANKSGIVING HOLIDAY!</b>	<b>24</b> <b>CLOSED FOR THE THANKSGIVING HOLIDAY!</b>
<b>29</b> <b>AM:</b> Pancakes, fruit, milk <b>PM:</b> Cream cheese roll ups, fruit, and milk	<b>30</b> <b>AM:</b> Graham crackers and cream Cheese, fruit, milk <b>PM:</b> Animal Crackers, fruit, and milk	<b>30</b> <b>AM:</b> Bagels with cream cheese, fruit, milk <b>PM:</b> Graham Crackers, fruit, and milk		

**\*Children will be given alternative choices such as applesauce, cheese, or crackers for these items. They will be given milk or water as a choice of beverage as well. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, or oranges and will be offered at all snacks times.**