



Discovery Isle Snack Menu

October 2022

3 AM: Quesadillas/shredded cheese, fruit, milk PM: Pretzels, fruit, milk	4 AM: Ritz Crackers with cheese, fruit, milk PM: Cheez-its, fruit, milk	5 AM: Cream Cheese tortilla roll ups, fruit, milk PM: Nilla Wafers, fruit, milk	6 AM: Animal Crackers, fruit, milk PM: Goldfish, fruit and milk	7 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk
10 School Closed for PDD!	11 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	12 AM: Cereal, fruit, milk PM: Goldfish, fruit, milk	13 AM: Bagels with cream cheese, fruit, milk PM: Animal Crackers, fruit, milk	14 AM: Quesadillas/cream cheese, fruit, milk PM: Pretzels, fruit, milk
17 AM: Yogurt, fruit, milk PM: Pancakes, fruit, milk	18 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk	19 AM: Cream Cheese roll ups, fruit, milk PM: Nilla Wafers, fruit, milk	20 AM: Ritz Crackers and slice cheese, fruit, milk PM: Goldfish, fruit, milk	21 AM: Cereal, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk
24 AM: Ritz Crackers with cheese, fruit, milk PM: Cheez-its, fruit, milk	25 AM: Cereal, fruit, milk PM: Pretzels and slice cheese, fruit, milk	26 AM: Quesadillas/shredded cheese, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk	27 AM: Animal Crackers, fruit, milk PM: Cheese its, fruit, Milk	28 AM: Yogurt and graham crackers, fruit, milk PM: Pancakes, fruit, milk
31 AM: Pancakes, fruit, milk PM: Nilla Wafers, fruit, milk				

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.