

Discovery Isle Snack Menu: October 2022 Toddler

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| **3** **AM:** Yogurt, fruit, milk**PM:** Nilla Wafers, fruit, milk | **4** **AM:** Cereal, fruit, milk**PM:** Goldfish, fruit, milk | **5** **AM:** French Toast, fruit, milk **PM:** Goldfish, fruit, milk | **6** **AM:** Bagels and sliced cheese, fruit, milk**PM:** Ritz Crackers and sliced cheese, fruit blueberries, milk | **7** **AM:** Pancakes, fruit, milk**PM:** Animal Crackers, fruit, milk |
| **10****School Closed****For PDD!** | **11** **AM:** Waffles, applesauce, milk**PM:** Cereal, blueberries, milk | **12****AM:** Cream cheese roll ups, fruit, milk**PM:** Cheese its, applesauce, milk | **13****AM:** Graham Crackers, fruit, milk**PM:** Ritz Crackers and sliced cheese, fruit, milk | **14****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk |
| **17** **AM:** Yogurt, fruit, milk**PM:** Nilla Wafers, fruit, milk | **18****AM:** Bagels with cream cheese, fruit, milk**PM:** Graham Crackers, fruit, milk | **19****AM:** Ritz Crackers and sliced cheese, fruit, milk**PM:** Waffles, fruit, milk | **20****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk | **21****AM:** Cereal, fruit, milk**PM:** Yogurt, fruit, and milk |
| **24****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk | **25****AM:** Ritz Crackers and sliced cheese, fruit, milk**PM:** Cream Cheese Roll Ups, fruit, milk | **26****AM:** Bagels and cream cheese, fruit, milk**PM:** Graham Crackers, fruit, milk | **27****AM:** Cereal, fruit, milk**PM:** Bagels with cream cheese, fruit, and milk | **28****AM:** Waffles, applesauce, milk**PM:** Nilla Wafers, fruit, milk |
| **31****AM:** Cream cheese roll ups, fruit, milk**PM:** Yogurt, fruit, milk |  |  |  |  |

\***Toddler and Infants** will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.