

Discovery Isle Snack Menu: October 2022 Toddler

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| **3**  **AM:** Yogurt, fruit, milk  **PM:** Nilla Wafers, fruit, milk | **4**  **AM:** Cereal, fruit, milk  **PM:** Goldfish, fruit, milk | **5**  **AM:** French Toast, fruit, milk  **PM:** Goldfish, fruit, milk | **6**  **AM:** Bagels and sliced cheese, fruit, milk  **PM:** Ritz Crackers and sliced cheese, fruit blueberries, milk | **7**  **AM:** Pancakes, fruit, milk  **PM:** Animal Crackers, fruit, milk |
| **10**  **School Closed**  **For PDD!** | **11**  **AM:** Waffles, applesauce, milk  **PM:** Cereal, blueberries, milk | **12**  **AM:** Cream cheese roll ups, fruit, milk  **PM:** Cheese its, applesauce, milk | **13**  **AM:** Graham Crackers, fruit, milk  **PM:** Ritz Crackers and sliced cheese, fruit, milk | **14**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk |
| **17**  **AM:** Yogurt, fruit, milk  **PM:** Nilla Wafers, fruit, milk | **18**  **AM:** Bagels with cream cheese, fruit, milk  **PM:** Graham Crackers, fruit, milk | **19**  **AM:** Ritz Crackers and sliced cheese, fruit, milk  **PM:** Waffles, fruit, milk | **20**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk | **21**  **AM:** Cereal, fruit, milk  **PM:** Yogurt, fruit, and milk |
| **24**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk | **25**  **AM:** Ritz Crackers and sliced cheese, fruit, milk  **PM:** Cream Cheese Roll Ups, fruit, milk | **26**  **AM:** Bagels and cream cheese, fruit, milk  **PM:** Graham Crackers, fruit, milk | **27**  **AM:** Cereal, fruit, milk  **PM:** Bagels with cream cheese, fruit, and milk | **28**  **AM:** Waffles, applesauce, milk  **PM:** Nilla Wafers, fruit, milk |
| **31**  **AM:** Cream cheese roll ups, fruit, milk  **PM:** Yogurt, fruit, milk |  |  |  |  |

\***Toddler and Infants** will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.