October 2022

Breakfast and Snack Menu





|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **3 Bagels & Cream Cheese, fruit, milk**  **Graham Crackers** | **4 Cheese Quesadillas, fruit, milk**  **Applesauce** | **5 Cereal, milk, fruit**  **Animal cookies** | **6 Mini Muffin, milk, fruit**  **Wheat Thins** | **7 Biscuit & Jelly, milk**  **Cheez-itz** |
| **10 Cheese Quesadillas, fruit, milk**  **Applesauce** | **11 Cereal, milk, fruit**  **Animal cookies** | **12 Mini Muffin, milk, fruit**  **Wheat Thins** | **13 Biscuit & Jelly, milk**  **Cheez-itz** | **14 Bagels & Cream Cheese, fruit, milk**  **Graham Crackers** |
| **17 Cereal, milk, fruit**  **Animal cookies** | **18 Biscuit & Jelly, milk**  **Cheez-itz** | **19 Oatmeal, milk, fruit**  **Wheat Thins** | **20 Bagels & Cream Cheese, fruit, milk**  **Graham Crackers** | **21 Cheese Quesadillas, fruit**  **Rice pudding** |
| **24 Mini Muffin, milk, fruit**  **Wheat Thins** | **25 Pancakes, milk, fruit**  **Pears** | **26 French Toast, milk, fruit**  **Sliced Apples** | **27 Cereal, milk, fruit**  **Ritz Crackers** | **28 Cheese Quesadillas**  **Rice Pudding** |
| **31 Biscuit & Jelly, milk**    **Applesauce** |  |  |  |  |