



# September Menu 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
Break-fast				French Toast and Fruit with Milk	Cereal, fruit & milk
PM Snack				Animal Crackers	Apples and Cheese
	5	6	7	8	9
Break- fast	School Closed	Cereal, Fruit and Milk	Muffins and Yogurt	Waffles with fruit and Milk	Cereal, fruit & milk
PM Snack	Happy Labor Day	Trail Mix	Veggies with Ranch	Graham crackers and cream Cheese	Cheez-its
	12	13	14	15	16
Break-fast	Cereal, fruit & milk	Bagels and Cream Cheese with Fruit	Chef's Choice	Quesadilla and Milk	Cereal, fruit & milk
PM Snack	Animal Crackers	Veggie Sticks	Churro Day	Crackers with Cheese	Goldfish
	19	20	21	22	23
Break-fast	Cereal, fruit & milk	French Toast and Fruit with Milk	Quesadillas and Fruit	Pancakes, Fruit and Milk	Cereal, Fruit & Milk
PM Snack	Apples and Cheese	Animal Crackers	Trail mix	Veggies with Ranch	Veggie Sticks
	26	27	28	29	30
Break-fast	Cereal, fruit & milk	Bagels and Cream Cheese with Fruit	Waffles with fruit and Milk	Chef's Choice	Cereal, fruit and milk
PM Snack	Cheez- its	Pirates Booty	Cheese and Crackers	Goldfish	Chef's Choice

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