



# Monthly Parent Newsletter

## Discovery Isle-La Costa

### SEPTEMBER

Did you know that learning a second language boosts problem-solving, critical-thinking, and listening skills, in addition to improving memory, concentration, and the ability to multitask? Children proficient in other languages also show signs of enhanced creativity and mental flexibility. September is known for honoring and celebrating Hispanic Heritage Month. For this month your child will learn about the cultures found in Mexico, Spain, The Caribbean, Central, and South America.

#### Our Mission & Goal

*We have an obligation to provide care and education in a safe, healthy and nurturing environment. Furthermore, we are responsible for communicating, collaborating and cooperating with each family to bring home and school together to foster each child's development. To meet the diverse needs of individual families, we cooperate with agencies responsible for child welfare and we assist families in gaining access to allied professionals.*



#### Events for this month:

**09/01/2022**-Pet

Appreciation Day-Share and tell a photo of your pet/s.

**09/05/2022**-School Closed

**09/09/2022**-National Career Day-Dress up as what you want to be when you grow up!

**09/15/2022**-Honoring Hispanic Heritage

**09/26/2022**-Crazy Hair Day

**9/27/2022-9/28/2022** Picture Day!

#### A Note From Our Principal:

August is coming to an end and another school year is upon us! I want to take a moment to thank everyone for your cooperation to make this summer successful and fun for our students. As we prepare for the new school year, we would like to extend a warm welcome to our new families and a sincere thank you to our returning families.

Sincerely,

Rochelle Buckley

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#### Friendly Reminders:

- Illness Policy (*Parent Handbook pg. 17*)- Families must keep sick Children at home until they have been symptom-free for at least 24 hours, with the following symptoms: fever, diarrhea, vomiting, heavy nasal discharge, sore throat, skin rash, lice, pink eye, measles, chicken pox, mumps, strep throat, and/or chest congestion. Please refer to page 17 in your parent handbook for more information.
- Please contact the front office when your child is going to be absent for the day, running late or departing early.
- The "For Parents" section of our website also includes links to our menu, monthly calendar, and school year calendar.

## 4 Books to Read with Your Preschooler During National Hispanic Heritage Month

National Hispanic Heritage Month (September 15 to October 15) is a time to honor the cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Books are an easy and interactive way to expand your child's awareness and appreciation of Hispanic culture. Below are four of our favorite titles to read this month.



### ***Coquí in the City* by Nomar Perez**

*Coquí in the City* is a book about a little boy named Miguel who lives in San Juan, Puerto Rico with his parents and pet frog, Coquí. Miguel learns that his family is moving to New York City, and he'll have to leave Coquí behind. Miguel realizes that his new home is more like Puerto Rico than he originally thought. Read along as he finds a way to keep his heritage and his love for Coquí with him as he explores his new neighborhood.

### ***Round is a Tortilla: A Book of Shapes* by Roseanne Greenfield Thong**

Your child will enjoy reading this multicultural book all about shapes! *Round is a Tortilla* features shapes found in a child's typical day paired with colorful illustrations, rhyming text, and Spanish vocabulary appropriate for preschool-aged children.

### ***Maybe Something Beautiful: How Art Transformed a Neighborhood* by F. Isabel Campoy and Theresa Howell**

Based on the true story of San Diego's Urban Art Trail, *Maybe Something Beautiful* features a gray, urban community and a little girl named Mira. Mira loves art and is delighted when a muralist comes to visit. Together, they bring color, joy, and smiles, and truly transform the neighborhood through art.

### ***Carmela Full of Wishes* by Matt de la Peña**

*Carmela Full of Wishes* is a vibrant picture book with the themes of hope and perseverance. The story opens with Carmela who wakes up on her birthday and is thrilled to now be old enough to accompany her brother as he runs errands. They visit different parts of their neighborhood, including a bus stop, repair shop, panadería, and laundromat. At the laundromat, Carmela finds a dandelion and makes a wish.