

Discovery Isle Snack Menu

August 2022

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **1**  **AM:** Ritz Crackers and sliced cheese, fruit, milk  **PM:** Yogurt, fruit blueberries, milk | **2**  **AM:** Cream cheese roll ups, fruit, milk  **PM:** Pancakes, fruit, milk | **3**  **AM:** Yogurt, fruit, milk  **PM:** Graham Crackers, fruit, milk | **4**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk | **5**  **AM:** Pancakes, fruit, milk  **PM:** Ritz Crackers, fruit, milk |
| **8**  **AM:** Yogurt, fruit, milk  **PM:** Graham Crackers, fruit, milk | **9**  **AM:** Cereal, fruit, milk  **PM:** Quesadillas, fruit, milk | **10**  **AM:** Pancakes, fruit, milk  **PM:** Cream Cheese roll ups, fruit, milk | **11**  **AM:** Bagels and sliced cheese, fruit, milk  **PM:** Ritz Crackers and sliced cheese, fruit, milk | **12**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk |
| **15**  **AM:** Ritz Crackers and sliced cheese, fruit, milk  **PM:** Pancakes, fruit, milk | **16**  **AM:** Pancakes, fruit, milk  **PM:** Cereal, fruit, milk | **17**  **AM:** Cream cheese roll ups, blueberries, milk  **PM:** Yogurt, fruit, milk | **18**  **AM:** Graham Crackers, fruit, milk  **PM:** Ritz Crackers and sliced cheese, fruit, milk | **19**  **AM:** Cereal, fruit, milk  **PM:** Bagels with cream cheese, fruit, and milk |
| **22**  **AM:** Bagels with cream cheese, yogurt, fruit, milk  **PM:** Graham Crackers, fruit, milk | **23**  **AM:** Ritz Crackers and sliced cheese, fruit, milk  **PM:** Cream Cheese Roll Ups, fruit, milk | **24**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk | **25**  **AM:** Pancakes, fruit, milk  **PM:** Cereal, fruit, milk | **26**  **AM:** Yogurt, fruit, milk  **PM:** Ritz Crackers, fruit, milk |
| **29**  **AM:** Yogurt, fruit, milk  **PM:** Graham Crackers, fruit, milk | **30**  **AM:** Quesadillas, fruit, milk  **PM:** Cereal, fruit, milk | **31**  **AM:** Pancakes, fruit, milk  **PM:** Cereal, fruit, milk |  |  |

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.