

Discovery Isle Snack Menu

August 2022

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| **1****AM:** Ritz Crackers and sliced cheese, fruit, milk**PM:** Yogurt, fruit blueberries, milk | **2****AM:** Cream cheese roll ups, fruit, milk**PM:** Pancakes, fruit, milk | **3****AM:** Yogurt, fruit, milk**PM:** Graham Crackers, fruit, milk | **4****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk | **5****AM:** Pancakes, fruit, milk**PM:** Ritz Crackers, fruit, milk |
| **8****AM:** Yogurt, fruit, milk**PM:** Graham Crackers, fruit, milk | **9****AM:** Cereal, fruit, milk**PM:** Quesadillas, fruit, milk | **10****AM:** Pancakes, fruit, milk**PM:** Cream Cheese roll ups, fruit, milk | **11****AM:** Bagels and sliced cheese, fruit, milk**PM:** Ritz Crackers and sliced cheese, fruit, milk | **12****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk |
| **15****AM:** Ritz Crackers and sliced cheese, fruit, milk**PM:** Pancakes, fruit, milk | **16****AM:** Pancakes, fruit, milk**PM:** Cereal, fruit, milk | **17****AM:** Cream cheese roll ups, blueberries, milk**PM:** Yogurt, fruit, milk | **18****AM:** Graham Crackers, fruit, milk**PM:** Ritz Crackers and sliced cheese, fruit, milk | **19****AM:** Cereal, fruit, milk**PM:** Bagels with cream cheese, fruit, and milk |
| **22****AM:** Bagels with cream cheese, yogurt, fruit, milk**PM:** Graham Crackers, fruit, milk | **23****AM:** Ritz Crackers and sliced cheese, fruit, milk**PM:** Cream Cheese Roll Ups, fruit, milk | **24****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk | **25****AM:** Pancakes, fruit, milk**PM:** Cereal, fruit, milk | **26****AM:** Yogurt, fruit, milk**PM:** Ritz Crackers, fruit, milk |
| **29****AM:** Yogurt, fruit, milk**PM:** Graham Crackers, fruit, milk | **30****AM:** Quesadillas, fruit, milk**PM:** Cereal, fruit, milk | **31****AM:** Pancakes, fruit, milk**PM:** Cereal, fruit, milk |  |  |

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.