



# Murrieta

Discovery Isle  
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## April 2022

## What's Happening Under the Sea?

### Dates to Remember in April:

#### -April 7th-8th:

St. Jude  
Trike-a-Thon

#### -April 2th-8th:

Week of the  
Young Child

#### -April 18-22:

Enchanted Forest  
Scholastic  
Book Fair

#### -April 22nd:

Earth Day  
Celebration-Ladybug  
Release  
Wear Black and Red

#### -April 28th:

Superhero Dress up Day

See Calendar for More  
Dress Up Days!

Have you checked out our school website?

Now is a good chance!

Below you will find some things that you can find featured on our website.

~Monthly Blog

~ School Calendar

~ Breakfast/Snack Menus

~ Center Newsletter

We are trying to get our families to use the website for one of  
their main sources for receiving information. .

Please let us know if there is anything that you would  
like to see featured on our website.

To access the Murrieta Location,  
simply type <http://murrieta.discoveryisle.com> in the browser.  
Please call if you need help or have any questions!

Week of the  
Young Child

ST. JUDE  
Trike-a-Thon

Scholastic  
Book Fair



### Scholastic Book Fair

We are having our Enchanted Forest Book Fair April 18– April 22.

This is a perfect opportunity to pick up some great summer reading for your child at a fabulous price!

Every book purchased gives books back to the center for our classroom libraries.

### Parent Surveys!

We appreciate all your feedback and comments in our PAR surveys so far.

As always, your feedback is very valuable and at any time please do not hesitate to see me with any questions or concerns!

If you have not yet completed the survey, it will be

Ashley Kerr, Principal

Thank you for all of your continued support!

The Egg Hunt last year was successful and the children really enjoyed themselves. We will have a sign up sheet in the front lobby for sign ups. Be on the lookout!



earth day



### Earth Day 2022

In honor of Earth Day, we will be celebrating on Friday, April 22nd. Each class will discuss the importance of protecting our planet.

We will be giving back to our planet by releasing ladybugs into the environment.

We pledge to continue doing our part even after Earth Day is over.

On this day, please wear Red and Black or dress like a ladybug in honor of our ladybug release event!



## The 6 A's of Good Parenting

By: Family First Staff



Parenting is all about relating. The better our relationship with our children, the better our chances at effective parenting. Youth expert Josh McDowell believes there are six factors that play into good parenting. He calls them the 6 A's.

### Affirmation

When we affirm a child's feelings it gives them a sense of authenticity.

Have you ever heard the old saying, "Laugh with those who are happy and cry with those who are sad?" It means that when our child is sharing his feelings or opinions, they want us to listen and affirm them.

It would go something like this. Your son comes home and says, "Man! My math teacher made me so mad today, he said I wasn't trying." Well, your instinct might be to try to downplay the situation like this, "Oh son, he probably didn't mean anything by it. Let it go." Or you might say — before you even address his feelings — "Now son, were you trying? Maybe he had a point." Or, "You're a big boy now, you can't get so upset about things." Those are all attempts to control or fix the situation. Instead try, "Son, I am so sorry that happened. How do you feel about it now?" Even when we don't agree with our children, we can still affirm them as individuals.

### Acceptance

When you give unconditional acceptance you give a child a sense of security. This basically comes down to one principle that must be conveyed to our children: I don't love you because of what you do or achieve, I love you because you're my child.

Our love and affection should not be based on grades, behavior or achievements.

### Appreciation

When we express appreciation, it gives a child a sense of significance.

Appreciation is one of the most powerful motivations for right behavior. So, the more we "catch" our children doing things right, and we express our appreciation, the more motivated they will be to behave better.

### Availability

When we are available to our children it gives them a sense of importance.

We can say all we want about how important our children are to us. But if we're not giving them our time, our words will ring hollow. Our children should come before our TV-watching, our hobbies and our desire to make money.

Children spell love – T-I-M-E.

### Affection

When we show our children affection it gives them a sense of lovability.

All children want to feel like they are lovable. Josh McDowell says not only that, but every child is going to prove they are lovable.

If they don't get love from you, they will get it somewhere else.

### Accountability

When we hold children accountable it gives them a sense of responsibility and self-control.

Children need the disciplines of responsibility and self-control to function successfully in life. As parents, we must create a context for rules and boundaries. Once those guidelines are set, we must be consistent in enforcing them.

*This article is based on the audio tape series, The Six A's of Relational Parenting, by Josh McDowell.*

# Spring has Sprung!

## Wooden Spoon Bouquet

While it may be a while before your real flower garden blooms into a rainbow of spring colors, you can round up a bouquet of these bright-hued wooden perennials to liven up a countertop or coffee table in no time.



## WHAT YOU NEED

- Long-handled wooden spoons
- Acrylic or tempera paint
- Paintbrush
- Mug
- Assorted flat wooden craft shapes (sold by the bagful at most craft stores)
- Wood glue
- Wooden beads (colored or plain)

STEP ONE: Have your kids paint the wooden spoon handles green and stand them stem-end up in a mug to dry.

STEP TWO: For petals, glue flat wooden craft shapes to the bowl of each spoon, as pictured (this step works best if you lay the spoons on a flat surface).

STEP THREE: Once the glue is completely dry (see manufacturer's directions), your kids can paint the flowers (both front and back) and stand them in a mug to dry.

STEP FOUR: Lastly, glue a cluster of wooden beads in the center of each flower.

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## FRUIT SALAD! YUMMY! YUMMY!

- 6 bananas, sliced
- 6 apples, diced
- 1 bunch seedless grapes, halved
- 2 small cans mandarin oranges, drained
- 1 small can pineapple tidbits, drained
- 1 small maraschino cherries and juice (halved)
- 1/2 cup walnuts, chopped
- 1 pint sour cream

