July 2021 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast				1 Blueberry Muffins (1/2),Organic yogurt (1/3C), Fruit (1/2C), Juice (4oz)	2 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch				Food From Home	Food From Home
PM Snack				Rocket Pops, Rtitz Crackers, Water	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)
Breakfast	5	6 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	7 Blueberry Muffins (1/2),Organic yogurt (1/3C), Fruit (1/2C), Juice (4oz)	8 Croissant (1), Fruit (1/2C), Milk (6oZ)	9 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	No School	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack		Apple Slices,Yogurt(1/3 c) and water(3/4)	Grahams w/cream cheese(1), Juice(3/4C)	Yogurt (1/3C)W/Nilla Wafers, water (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	12 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	13 Croissant (1), Fruit (1/2C), Milk (6oZ)	14 Waffles (2), Fruit (1/2C), Milk (6oZ)	15 French Toast Sticks (1), Fruit (1/2C), Juice (4oz)	16 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Grahams w/cream cheese(1), Juice(3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (8), Fruit (1/2C), Milk (6oz)	GoldFish Crackers (14pcs) , Fruit and water (3/4C)	Apple Slices, Yogurt(1/3 c) and water(3/4)
Breakfast	20 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	21 Blueberry Muffins (1/2), Fruit (1/2C), Juice (4oz)	22 French Toast Sticks (1), Fruit (1/2C), Juice (4oz)	23 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	24 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	"Sushi Snack (1), Fruit (1/2c) and Milk (3/4C)	Pudding W/Nilla Wafers, water (3/4C)	Grahams w/cream cheese(1), Juice(3/4C)
Breakfast	27 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	28 French Toast Sticks (1), Fruit (1/2C), Milk (6oZ)	29 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	30 Waffles (2), Fruit (1/2C), Milk (6oZ)	31 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	GoldFish Crackers , Fruit (1/2) and water (3/4C)	Grahams w/cream cheese(1), Juice(3/4C))	Animal Crackers (8), Fruit (1/2C), Milk (6oz)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)

Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.