



**Discovery Isle  
Preschool  
23785 Washington  
Avenue**

# Discovery Isle

**September 2019**

## Welcome to Discovery Isle

We are so excited that so many new families have joined us at Discovery Isle, Murrieta for the 2019-2020 school year. We have several activities planned in the upcoming months. Our center newsletter will inform you of everything that is going on around the center. We will also include informative articles, great recipes for you to do at home with your child, and a full page of center related topics.

Watch for your newsletter via email!

### Dates to Remember in September

**September 2nd:**

**CLOSED** for Labor Day

**September 26th-27th:**

School Pictures

**September 23rd-September 27th**

Scholastic Book Fair

### Who's Who

On behalf of myself and my staff, we would like to welcome your family to *our* family. We are so excited to start another new school year!

I wanted to take this time to formally introduce you to our entire staff.

Executive Director	Cheryl Bowman
Principal	Ms. Ashley
Assistant Principal	Ms. Melissa
Office Administrator	Ms. Dream
Lead Infant/Toddler Teacher	Ms. Sydney
Infant Teacher	Ms. Lauren
Infant Assistant Teacher	Ms. Rebecca
Infant Assistant Teacher	Ms. Renee
Toddler Assistant Teacher	Ms. Sam
Toddler Assistant Teacher	Ms. Sarah
Rm 2 Lead Teacher	Ms. Jessica
Rm 2 Assistant Teacher	Ms. Bernice
Rm 2 Assistant Teacher	Ms. Liza
Rm 3 Lead Teacher	Ms. Briyanna
Rm 3 Assistant Teacher	Ms. Bonnie
Rm 4 Lead Teacher	Ms. Heather
Rm 4 Assistant Teacher	Ms. Courtney
Rm 5 Lead Teacher	Ms. Cathy
Rm 5 Assistant Teacher	Ms. Crystal
Rm 6 Lead Teacher	Ms. Debbie
Rm 6 Assistant Teacher	Ms. Tiffany
Support Staff	Ms. Teresa

### Facebook

If you have not "liked" our Discovery Isle Facebook page yet- please do so! We post something often to highlight an exciting activity that took place in one of our classrooms that week.

You never know when your child could be featured!





You are all doing a great job with signing your children in and out each day! Thank you for making sure this is a top priority. If you aren't sure whether or not you are using the iPad correctly, just ask for help at the front desk. We would be happy to help you!

A great rule of thumb is to make sure your child is ALWAYS right there with you when you are using the iPad to sign him/her in or out. You don't want to sign them out before you have actually removed them from their classroom.

We will be hosting our Trunk-or-Treat event on Friday, October 11th.

Watch for signs up this month to come if you would like to participate .

We will have games, raffles, and goodies galore!

We can not wait to see all your ideas come to life again -so start thinking ahead!



## The End of Summer

Our calendar was so much fun this summer- I hope your child enjoyed all of the fun events we planned for them!

We will have another fun calendar for the month of December- it will be here before we know it!

Although our class schedule didn't change over the summer, I want to remind parents how important it is to have the children here by 8:45 a.m.

Class starts at 9 a.m., and having the children settled in and ready to go makes a huge difference in their day. They are able to participate in all of our morning activities, and don't feel awkward walking into an activity already in progress. We do notice that children that are here for morning circle absorb important pieces of the academics that children who don't make it for circle are missing.

## Spirit Days

Our Discovery Isle t-shirts are here for the new school year.

We will be passing them out in the next week.

EVERY FRIDAY is school spirit day!



Busy Bee Extra-Curricular Program offers different programs for children ages 2-5. Ask your child if they would like to attend a trial class!

Sports, Dance, and Tumble classes are led by Miss Melissa, our Busy Bee instructor.

Her class is ADORABLE, and the children really seem to enjoy themselves!

Classes are held here at the school on various days. See the front desk for more information on any of these great classes!

## No More Tears: Making Child Care a Positive Experience

by Susan Ludwig

What can be more stressful than going back to work and finding good care for your child? How about having him look at you and cry when you drop him off the first day? Then, having him do the same thing the second day and the third. By this time, you're both tired, confused and frustrated. You may even question your decision to return to work and leave your beautiful, but unhappy, child in the hands of complete strangers.

It seems all children have to adjust in their own way to being away from home. There are some things you can do to make drop off time easier for you and your child.

1. **Trust yourself.** If you're satisfied the care you've chosen is safe, well-staffed, licensed, and a secure and pleasant place for your child to spend his day, then leave doubts and guilt behind.
2. **Talk to your child.** Explain things as well as you can to your child, telling him you expect him to have a fun day and that you will see him later. Then, drop him off, say good-bye, and go on your way.
3. **Maintain a happy smile.** Don't let him see you appearing concerned or unhappy. Acting upbeat will reinforce to him he is in a positive place.
4. **Keep goodbyes short and simple.** Most care providers caution if you stay around and play with your child, pick him up, or otherwise prolong your leaving, he will become confused by your mixed messages. The staff expects children to have some problems adjusting to their new surroundings, and can tolerate tears.
5. **Stay in touch.** Call after a few hours to see how he is doing. Most likely you'll find he settled down in his own time, and is now content. (Some care centers now have closed-circuit video cameras, so anxious parents can check on their children whenever they want, via the Internet.)
6. **Stick to the same routine every morning.** For instance, wake your child, eat breakfast, dress him for the day, then get into the car and leave. Try not to make stops or do errands on the way to child care. He will quickly become used to the type of day he should expect.

Susan Ludwig is the Assistant Editor of *Today's Parent*

# Murrieta Maritime



## Half Day Program

*Please remember that  
our half day program is from  
8 a.m. - 12 p.m.*

Our staff is scheduled based on the  
number of children we are expecting each morning.

If half day children arrive before 8 a.m.,  
that may put our classrooms out  
of ratio and that becomes a safety concern.

If you need to have your child here before 8 a.m.,  
please let the front office know ahead of time.

There is a \$5.00 charge for every

1/2 hour outside of your scheduled time for arriving early.

Keep in mind that pick up time is at 12 p.m.

After 12:05 p.m., there is a late pick up fee of \$1 per minute.

## Late Pick-Up Policy at 6 p.m.

Please remember that our center CLOSES at 6 p.m.

Please plan enough time at pick-up to gather your child and their  
belongs by 6 p.m. Thank you for your attention to this matter!

Pick-ups after 6 p.m. will be charged a fee of \$1 per minute.

Thank you!!!



## Don't forget we serve lunch!

Did you forget lunch on the  
counter at home? Are you  
running low on lunch items in  
the fridge? You can purchase  
a school lunch daily for \$5.00 per day  
(or prepay for the month ahead of time  
to save money!)

Inquire at the front desk for more  
information. Our menu is available  
on our website at:

<http://murrieta.discoveryisle.com>

**Discovery Isle Preschool  
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Murrieta, CA 92562  
(951) 304-3033  
fax: 951.304.7769**

Visit our Website  
[www.discoveryisle.com](http://www.discoveryisle.com)

When I'm building in the block room,  
Please don't say I'm "Just playing."  
For, you see, I'm learning as I play,  
About balance, I may be an architect someday.

I'm learning to follow  
directions and see the differences.  
I may be a cook someday.

When I'm getting all dressed up,  
Setting the table, caring for the babies,  
Don't get the idea I'm "Just Playing."  
I may be a mother or a father someday.

When you see me learning to skip, hop, run,  
and move my body,  
Please don't say I'm "Just Playing."  
For, you see, I'm learning as I play.  
I'm learning how my body works.  
I may be a doctor, nurse, or athlete someday.

When you see me up to my elbows in paint,  
Or standing at an easel, or molding and  
shaping clay,  
Please don't let me hear you say, "He is Just  
Playing."  
For, you see, I'm learning as I play.  
I just might be a teacher someday.

When you ask me what I've done at school  
today,  
And I say, "I just played."  
Please don't misunderstand me.  
For, you see, I'm learning as I play.  
I'm learning to enjoy and be successful in my  
work. I'm preparing for tomorrow.  
Today, I am a child and my work is play.

When you see me engrossed in a puzzle  
Or some "playing" at my school,  
Please don't feel the time is wasted in "play."  
For you see, I'm learning as I play.  
I'm learning to solve problems and  
concentrate.

I may be in business someday.  
Please don't think that because I enjoy it,  
it is "Just Play."

## Just Playing

Original Author Unknown

