



Discovery Isle Snack Menu

August 2019

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| | | | 1 AM: Waffles, fruit, milk PM: Animal Crackers, fruit, milk | 2 AM: Cereal, fruit, milk PM: Trail Mix, fresh fruit, milk |
| 5 AM: Cereal, fruit, milk PM: Animal Crackers, fruit, milk | 6 AM: Quesadillas, fruit, milk PM: Pretzels, fruit, milk | 7 AM: Graham Crackers, cream cheese, fruit, milk PM: Goldfish, fruit, milk | 8 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Wheat thins and cheese, fruit, milk | 9 AM: Waffles, fruit, milk PM: Trail Mix, fruit, milk |
| 12 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Nilla Wafers, fruit, milk | 13 AM: Cereal, fruit, milk PM: Goldfish, fruit, milk | 14 AM: Bagels with cream cheese, fruit, milk PM: Animal Crackers, fruit, milk | 15 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk | 16 AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk |
| 19 AM: Cream Cheese roll ups, fruit, milk PM: Trail Mix, fruit, milk | 20 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk | 21 AM: Ritz Crackers with cheese, fruit, milk PM: Cheez-its, fruit, milk | 22 AM: Cereal, fruit, milk PM: Pretzels with sliced cheese, fruit, milk | 23 AM: Nilla Wafers, fruit, milk PM: Pretzels, fruit, milk |
| 26 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Nilla Wafers, fruit, milk | 27 AM: Quesadillas, fruit, milk PM: Pretzels, fruit, milk | 28 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk | 29 AM: Nilla Wafers, fruit, milk PM: Pretzels, fruit, milk | 30 AM: Cream Cheese roll ups, fruits, milk PM: Goldfish, fruit, milk |

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.