



Discovery Isle Snack Menu

July 2019

1 AM: Waffles, fruit, milk PM: Animal Crackers, fruit, milk	2 AM: Nilla Wafers, fruit, milk PM: Pretzels, fruit, milk	3 AM: Cream Cheese roll ups, fruits, milk PM: Goldfish, fruit, milk	4 School Closed	5 AM: Cereal, fruit, milk PM: Trail Mix, fresh fruit, milk
8 AM: Cereal, fruit, milk PM: Animal Crackers, fruit, milk	9 AM: Quesadillas, fruit, milk PM: Pretzels, fruit, milk	10 AM: Graham Crackers, cream cheese, fruit, milk PM: Goldfish, fruit, milk	11 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Wheat thins and cheese, fruit, milk	12 AM: Waffles, fruit, milk PM: Trail Mix, fruit, milk
15 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Nilla Wafers, fruit, milk	16 AM: Cereal, fruit, milk PM: Goldfish, fruit, milk	17 AM: Bagels with cream cheese, fruit, milk PM: Animal Crackers, fruit, milk	18 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk	19 AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk
22 AM: Cream Cheese roll ups, fruit, milk PM: Trail Mix, fruit, milk	23 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	24 AM: Ritz Crackers with cheese, fruit, milk PM: Cheez-its, fruit, milk	25 AM: Cereal, fruit, milk PM: Pretzels with sliced cheese, fruit, milk	26 AM: Nilla Wafers, fruit, milk PM: Pretzels, fruit, milk
29 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Nilla Wafers, fruit, milk	30 AM: Quesadillas, fruit, milk PM: Pretzels, fruit, milk	31 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk		

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.