



# Discovery Isle Snack Menu

## April 2019

<b>1</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Wheat Thins, fruit, milk	<b>2</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Animal Crackers, fruit, milk	<b>3</b> <b>AM:</b> Cream Cheese roll ups, fruits, milk  <b>PM:</b> Trail Mix, fruit, milk	<b>4</b> <b>AM:</b> Nilla Wafers, fruit, milk  <b>PM:</b> Pretzels, fruit, milk	<b>5</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Goldfish, fresh fruit, milk
<b>8</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Animal Crackers, fruit, milk	<b>9</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Pretzels, fruit, milk	<b>10</b> <b>AM:</b> Graham Crackers, cream cheese, fruit, milk  <b>PM:</b> Goldfish, fruit, milk	<b>11</b> <b>AM:</b> Ritz Crackers with sliced cheese, fruit, milk  <b>PM:</b> Wheat thins and cheese, fruit, milk	<b>12</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Trail Mix, fruit, milk
<b>15</b> <b>AM:</b> Ritz Crackers with sliced cheese, fruit, milk  <b>PM:</b> Nilla Wafers, fruit, milk	<b>16</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Goldfish, fruit, milk	<b>17</b> <b>AM:</b> Bagels with cream cheese, fruit, milk  <b>PM:</b> Animal Crackers, fruit, milk	<b>18</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Cheez-its, fruit, milk	<b>19</b> <b>AM:</b> Quesadillas, fruit, milk  <b>PM:</b> Graham Crackers with cream cheese, fruit, milk
<b>22</b> <b>AM:</b> Cream Cheese roll ups, fruit, milk  <b>PM:</b> Trail Mix, fruit, milk	<b>23</b> <b>AM:</b> Waffles, fruit, milk  <b>PM:</b> Goldfish, fruit, milk	<b>24</b> <b>AM:</b> Ritz Crackers with cheese, fruit, milk  <b>PM:</b> Cheez-its, fruit, milk	<b>25</b> <b>AM:</b> Cereal, fruit, milk  <b>PM:</b> Pretzels with sliced cheese, fruit, milk	<b>26</b> <b>AM:</b> Animal Crackers, fruit, milk  <b>PM:</b> Wheat Thins with sliced cheese, fruit, milk
<b>29</b> <b>AM:</b> Goldfish, fruit, milk  <b>PM:</b> Pretzels with cheese, fruit, milk	<b>30</b> <b>AM:</b> Bagels with cream cheese, fruit, milk  <b>PM:</b> Cheez its, fruit, milk			

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.