



# Discovery Isle Snack Menu

## January 2019

	<b>1</b> <b>School Closed</b>	<b>2</b> <b>AM:</b> Cereal, Fruit, Milk <b>PM:</b> Goldfish, Fresh Fruit & Milk	<b>3</b> <b>AM:</b> Ritz Crackers, Cheese, Fruit, Milk <b>PM:</b> Pretzels, Fruit, Milk	<b>4</b> <b>AM:</b> Waffles, Fruit, Milk <b>PM:</b> Vanilla Wafers, Fresh Fruit & Milk
<b>7</b> <b>AM:</b> Cereal, Fruit, Milk <b>PM:</b> Bean Burrito, Fresh Fruit & Milk	<b>8</b> <b>AM:</b> Pretzels & Cream Cheese, Fresh Fruit & Milk <b>PM:</b> Quesadilla, Fresh Fruit & Milk	<b>9</b> <b>AM:</b> Waffles, Fresh Fruit & Milk <b>PM:</b> Bagel Pizza, Fresh Fruit & Milk	<b>10</b> <b>AM:</b> Bagel Pizza, fruit, milk <b>PM:</b> Pretzels, Fresh Fruit & Milk	<b>11</b> <b>AM:</b> Graham Crackers, Cream Cheese & Milk, Fruit <b>PM:</b> Cheez-its, fruit & milk
<b>14</b> <b>AM:</b> Waffles, Milk, Fruit <b>PM:</b> Goldfish, Fresh Fruit & Milk	<b>15</b> <b>AM:</b> Cereal, Fresh Fruit, & Milk <b>PM:</b> Quesadilla, Fresh Fruit & Milk	<b>16</b> <b>AM:</b> Graham Crackers, Cream Cheese & Milk, Fruit <b>PM:</b> Cheez-its, Fruit & Milk	<b>17</b> <b>AM:</b> Quesadilla, Fruit, Milk <b>PM:</b> Vanilla Wafers, Fruit, Milk	<b>18</b> <b>AM:</b> Ritz Crackers w/Sliced Cheese, Fruit, Milk <b>PM:</b> Grilled Cheese Roll Ups, Fruit, Milk
<b>21</b> <b>AM:</b> Bean Burritos & Milk, Fruit <b>PM:</b> Cheez-its, fruit & milk	<b>22</b> <b>AM:</b> Waffles, Fruit, Milk <b>PM:</b> Cheez-its, fruit & milk	<b>23</b> <b>AM:</b> Cream Cheese Roll Ups, Fresh Fruit, Milk <b>PM:</b> Animal Crackers, Milk, Fruit	<b>24</b> <b>AM:</b> Bagel Pizza, Fresh Fruit, Milk <b>PM:</b> Trail Mix, Fruit, Milk	<b>25</b> <b>AM:</b> Pancakes, Fresh Fruit & Milk <b>PM:</b> Goldfish, Fresh Fruit & Milk
<b>28</b> <b>AM:</b> Cereal, Fresh Fruit, Milk <b>PM:</b> Trail Mix, Fruit, Milk	<b>29</b> <b>AM:</b> Graham Crackers, Cream Cheese & Milk, Fruit <b>PM:</b> Cheez-its, fruit & milk	<b>30</b> <b>AM:</b> Cream Cheese Roll Ups, Fresh Fruit, Milk <b>PM:</b> Animal Crackers, Milk, Fruit	<b>31</b> <b>AM:</b> Ritz Crackers, Cheese, Fruit, Milk <b>PM:</b> Pretzels, Fruit, Milk	

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.