

January 2019 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	1	1	2	3	4
Lunch		SCHOOL CLOSED	Grilled Cheese, Chips, Fruit, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Corn Dogs, Veggies, Fruit, and Juice
PM Snack		HAPPY NEW YEAR!	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Grahams w/ cream cheese(1), Fruit(1/2C), Juice(3/4C)	Animal Crackers (6),Milk (6oz)
Breakfast	7	8	9	10	11
Lunch	***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	Croissant (1), Fruit (1/2C), Milk (6oz)	Blueberry Muffins (1), Organic yogurt (1/3C) Milk (6oz)	Granola (1/3C), FRUIT (1/2C), Milk (6oz)	Quesadillas (1/2), Fruit (1/2C), Juice (4oz)
PM Snack	Sliders, Chips, Fruit (1/2C), and Juice	Grilled Cheese, Chips, Fruit, and Milk	Kraft Mac N Cheese, Veggies, Fruit, and Milk	Chicken Nuggets, Chips, Fruit, and Juice	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk
PM Snack	Cucumbers, Ranch, Saltines, water (3/4C)	Grahams w/cream cheese(1), Fruit(1/2C), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Nilla Wafers (4), Organic Yogurt (1/3C), Juice (3/4C)	***Cereal (1/3C), Fruit (1/2C), Milk (3/4C)
Breakfast	14	15	16	17	18
Lunch	***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	Bagels with cream cheese (1), Fruit (1/2C), Milk (6oz)	Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	Pancake(1), Fruit (1/2C), Milk (6oz)	***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
PM Snack	Corn Dogs, Chips, Fruit, and Juice	Kraft Mac N Cheese, Veggies, Fruit, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Spaghetti & Meatballs, Fruit, and Milk	Grilled Cheese, Chips, Fruit, and Milk
PM Snack	Grahams w/cream cheese(1), Fruit(1/2C), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	String Cheese , Apple slices and water (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (6),Milk (6oz)
Breakfast	21	22	23	24	25
Lunch	***Granola (1/3C), Organic yogurt (1/3C), Milk (6oz)	Blueberry Muffins (1), Organic Yogurt (1/3C), Juice (6oz)	Croissant (1), Fruit (1/2C), Milk (6oz)	Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
PM Snack	Sliders with Cheese, Chips, Fruit, and Milk	Grilled Cheese, Chips, Fruit, and Milk	Spaghetti & Meatballs, Fruit, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Chicken Nuggets, Fruit, Chips, and Milk
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Grahams w/ cream cheese(1), Fruit(1/2C), Juice(3/4C)	Animal Crackers (6),Milk (6oz)	Cucumbers, Ranch, Saltines, water (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	28	29	30	31	
Lunch	***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	Bagels with cream cheese (1), Fruit (1/2C), Milk (6oz)	Pancake(1), Fruit (1/2C), Milk (6oz)	
PM Snack	Sliders, chips, Fruit (1/2C), and Juice	Corn Dogs, Veggies, Fruit, and Juice	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Kraft Mac N Cheese, Veggies, Fruit, and Milk	
PM Snack	Animal Crackers (6),Milk (6oz)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	String Cheese , Apple slices and water (3/4C)	

Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.

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