



Discovery Isle Snack Menu

September 2018

	<p>4 AM: Bagels & Cream Cheese, and Fresh Fruits</p> <p>PM: Pretzels, Fresh Fruit, Cheese & Milk</p>	<p>5 AM: Cereal, Milk, Fruit</p> <p>PM: Goldfish, Fruit, Milk</p>	<p>6 AM: Bagels w/ Cream Cheese & Milk</p> <p>PM: Animal Crackers & Fresh Fruit</p>	<p>7 AM: Quesadilla, Fresh Fruit, & Milk</p> <p>PM: Crackers and Cream cheese, Fresh Fruit & Milk</p>
<p>10 AM: Cereal, Fresh Fruit, & Milk</p> <p>PM: Trail Mix, Fresh Fruit & Milk</p>	<p>11 AM: Tortillas & Beans, Fresh Fruit & Milk</p> <p>PM: Pretzels, Fresh Fruit & Milk</p>	<p>12 AM: Bagels & Cream Cheese, Fresh Fruit & Milk</p> <p>PM: Quesadilla, Fresh Fruit & Milk</p>	<p>13 AM: Waffles, Fresh Fruit & Milk</p> <p>PM: Crackers & Sliced Cheese, Fresh Fruit & Milk</p>	<p>14 AM: Cereal, Fresh Fruit & Milk</p> <p>PM: Pretzels, Cream Cheese & Milk</p>
<p>17 AM: Animal Crackers, Fresh Fruit & Milk</p> <p>PM: Goldfish, Fresh Fruit & Milk</p>	<p>18 AM: Bagels & Cream Cheese, Fresh Fruit, & Milk</p> <p>PM: Crackers & Sliced Cheese, Fresh Fruit & Milk</p>	<p>19 AM: Graham Crackers, Cream Cheese & Milk, Fruit</p> <p>PM: Cheez-its, fruit & milk</p>	<p>20 AM: Cereal, Fresh Fruit & Milk</p> <p>PM: Pretzels, Cheese, Fruit, & Milk</p>	<p>21 AM: Ritz Crackers w/Sliced Cheese, Fruit, Milk</p> <p>PM: Quesadilla with Beans, Fruit, Milk</p>
<p>24 AM: Graham Crackers, Milk & Fresh Fruit</p> <p>PM: Vanilla Wafers, Fruit, Milk</p>	<p>25 AM: Cereal w/ Milk</p> <p>PM: Goldfish/ Fruit, Milk</p>	<p>26 AM: Quesadillas/Fresh Fruit</p> <p>PM: Trail Mix, Fruit, Milk</p>	<p>27 AM: Watermelon, Pancakes, Milk</p> <p>PM: Pretzels, Cheese, Fruit, Milk</p>	<p>28 AM: Graham Crackers, Fruit, Milk</p> <p>PM: Quesadillas, fruit, milk</p>

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.