



# Discovery Isle Snack Menu

## August 2018

		<b>1</b> <b>AM:</b> Pancakes, Fresh Fruit & Milk  <b>PM:</b> Pretzels, Fresh Fruit, Cheese & Milk	<b>2</b> <b>AM:</b> Bagels w/ Cream Cheese & Milk  <b>PM:</b> Animal Crackers & Fresh Fruit	<b>3</b> <b>AM:</b> Quesadilla, Fresh Fruit, & Milk  <b>PM:</b> Crackers, Sliced Cheese, Fresh Fruit & Milk
<b>6</b> <b>AM:</b> Cereal, Fresh Fruit, & Milk  <b>PM:</b> Trail Mix, Fresh Fruit & Milk	<b>7</b> <b>AM:</b> Quesadilla, Fresh Fruit & Milk  <b>PM:</b> Pretzels, Fresh Fruit & Milk	<b>8</b> <b>AM:</b> Bagels & Cream Cheese, Fresh Fruit & Milk  <b>PM:</b> Quesadilla, Fresh Fruit & Milk	<b>9</b> <b>AM:</b> Waffles, Fresh Fruit & Milk  <b>PM:</b> Crackers & Sliced Cheese, Fresh Fruit & Milk	<b>10</b> <b>AM:</b> Cereal, Fresh Fruit & Milk  <b>PM:</b> Pretzels, Cream Cheese & Milk
<b>13</b> <b>AM:</b> Animal Crackers, Fresh Fruit & Milk  <b>PM:</b> Goldfish, Fresh Fruit & Milk	<b>14</b> <b>AM:</b> Bagels & Cream Cheese, Fresh Fruit, & Milk  <b>PM:</b> Crackers & Sliced Cheese, Fresh Fruit & Milk	<b>15</b> <b>AM:</b> Graham Crackers, Cream Cheese & Milk, Fruit  <b>PM:</b> Cheez-its, fruit & milk	<b>16</b> <b>AM:</b> Cereal, Fresh Fruit & Milk  <b>PM:</b> Pretzels, Cheese, Fruit, & Milk	<b>17</b> <b>AM:</b> Ritz Crackers w/Sliced Cheese, Fruit, Milk  <b>PM:</b> Quesadilla with Beans, Fruit, Milk
<b>20</b> <b>AM:</b> Graham Crackers, Milk & Fresh Fruit  <b>PM:</b> Vanilla Wafers, Fruit, Milk	<b>21</b> <b>AM:</b> Cereal w/ Milk  <b>PM:</b> Goldfish/ Fruit, Milk	<b>22</b> <b>AM:</b> Quesadillas/Fresh Fruit  <b>PM:</b> Trail Mix, Fruit, Milk	<b>23</b> <b>AM:</b> Watermelon, Pancakes, Milk  <b>PM:</b> Pretzels, Cheese, Fruit, Milk	<b>24</b> <b>AM:</b> Graham Crackers, Fruit, Milk  <b>PM:</b> Quesadillas, fruit, milk
<b>27</b> <b>AM:</b> Bagels w/Cream Cheese, Fruit, Milk  <b>PM:</b> Graham Crackers, Fruit, Milk	<b>28</b> <b>AM:</b> Cereal, Milk, Fruit  <b>PM:</b> Tortillas, Cream Cheese, Fruit, Milk	<b>29</b> <b>AM:</b> Waffles, Fruit, Milk  <b>PM:</b> Trail Mix, Fruit, Milk	<b>30</b> <b>AM:</b> Quesadilla, Fruit, Milk  <b>PM:</b> Vanilla Wafers, Fruit, Milk	<b>31</b> <b>AM:</b> Cereal, Milk, Fruit  <b>PM:</b> Goldfish, Fruit, Milk

\*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.