



Discovery Isle
 23785 Washington Avenue
 Murrieta, CA 92562
 (951) 304-3033

Discovery Isle Newsletter

September 2016

Welcome to Discovery Isle

We are so excited that so many new families have joined us at Discovery Isle, Murrieta for the 2016-2017 school year. We have several activities planned in the upcoming months. Our center newsletter will inform you of everything that is going on around the center. We will also include informative articles, great recipes for you to do at home with your child, and a full page of center related topics. Watch for your newsletter in your child's mailbox monthly and via email!

Dates to Remember in September

September 5th:
CLOSED for Labor Day

September 6th:
Little Caesar Pizza Fundraiser Starts

September 7th, 15th, 20th:
School Spirit Days: Wear your school shirt

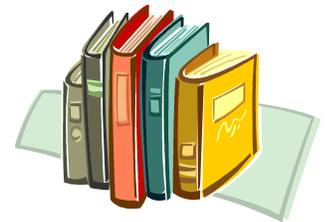
September 16th:
National Play Dough Day!

Who's Who

On behalf of myself and my staff, we would like to welcome your family to *our* family. We are so excited to start another new school year!

I wanted to take this time to formally introduce you to my entire staff.

Principal	Renée Espinosa
Front Office Administrator	Jennifer Macias
Lead Infant Center Teacher	Ms. Nici
Infant Center Assistant Teacher	Ms. Diane
Infant Center Assistant Teacher	Ms. Heather
Infant Center Assistant Teacher	Ms. Lisa
Rm 2 Lead Teacher	Ms. Jessica
Rm 2 Lead Teacher	Ms. Cassidy
Rm 3 Lead Teacher	Ms. Ashley
Rm 3 Assistant Teacher	Ms. Jenn
Rm 4 Lead Teacher	Ms. Leanna
Rm 5 Lead Teacher	Ms. Cathy
Support Staff	Ms. Debbie



Facebook

If you have NOT "Liked" our Discovery Isle Facebook page yet- please do so!

We post something often to highlight an exciting activity that took place in one of our classrooms that week. You never know when your child could be featured!

SPRIT DAYS

Everyone received their Discovery Isle t-shirts in August, and a few of our friends have started wearing them on Fridays. We have extra spirit days planned this month, in addition to EVERY FRIDAY!

Permanent Impressions Child Safety Packets



A representative from Permanent Impressions will be at the school on Oct. 3 to capture fingerprinting for children who have returned their order forms.

In the event of an emergency, having your child's fingerprints on file and readily available for law enforcement is crucial when time is of the essence.

More information will be available at the front desk soon!



THE END OF SUMMER

Our calendar was so much fun this summer- I hope your child enjoyed all of the fun events we planned for them!

We will have another fun calendar for the month of December- it will be here before we know it!

Although our class schedule didn't change over the summer, I want to remind parents how important it is to have the children here by 8:45 a.m. Class starts at 9 a.m., and having the children settled in and ready to go makes a huge difference in their day. They are able to participate in all of our morning activities, and don't feel awkward walking into an activity already in progress. We do notice that children that are here for morning circle absorb important pieces of the academics that children who don't make it for circle are missing.

Get the most out of your tuition investment, and give your child the opportunity to learn as much as they can during their day with us!

THANK YOU FOR YOUR HELP!



Thank you to our families that joined us for "Discovery Isle Day at the Diamond" last month. It was great for the kids to see their friends, and for the parents to have the opportunity to relax and socialize with one another.

When baseball season starts again, we will DEFINITELY have to plan another event at the diamond.



Busy Bee

Extra-Curricular Program offers a Sports program for children ages 2-5. Ask your child if they would like to attend a trial class!

Sports and Tumble classes are led by Ms. Melissa, our Busy Bee instructor.

Her class is **ADORABLE**, and the children really seem to enjoy themselves! See the front desk for more information on her class!



We also offer another extra-curricular program- Musical Kids. Music Class is led by Ms. Andrea, our Musical Kids instructor. Ms. Andrea has been with us for several years, and her class is very popular! Ask your child if they would like to attend a trial class!

Classes are held here at the school on various days. See the front desk for more information on any of these great classes!

No More Tears: Making Child Care a Positive Experience

by Susan Ludwig

What can be more stressful than going back to work and finding good care for your child? How about having him look at you and cry when you drop him off the first day? Then, having him do the same thing the second day and the third. By this time, you're both tired, confused and frustrated. You may even question your decision to return to work and leave your beautiful, but unhappy, child in the hands of complete strangers.

It seems all children have to adjust in their own way to being away from home. There are some things you can do to make drop off time easier for you and your child.

1. **Trust yourself.** If you're satisfied the care you've chosen is safe, well-staffed, licensed, and a secure and pleasant place for your child to spend his day, then leave doubts and guilt behind.
2. **Talk to your child.** Explain things as well as you can to your child, telling him you expect him to have a fun day and that you will see him later. Then, drop him off, say good-bye, and go on your way.
3. **Maintain a happy smile.** Don't let him see you appearing concerned or unhappy. Acting upbeat will reinforce to him he is in a positive place.
4. **Keep goodbyes short and simple.** Most care providers caution if you stay around and play with your child, pick him up, or otherwise prolong your leaving, he will become confused by your mixed messages. The staff expects children to have some problems adjusting to their new surroundings, and can tolerate tears.
5. **Stay in touch.** Call after a few hours to see how he is doing. Most likely you'll find he settled down in his own time, and is now content. (Some care centers now have closed-circuit video cameras, so anxious parents can check on their children whenever they want, via the Internet.)
6. **Stick to the same routine every morning.** For instance, wake your child, eat breakfast, dress him for the day, then get into the car and leave. Try not to make stops or do errands on the way to child care. He will quickly become used to the type of day he should expect.

Susan Ludwig is the Assistant Editor of *Today's Parent*



Half Day Program

*Please remember that
our half day program is from
8 a.m. - 12 p.m.*

Our staff is scheduled based on the
number of children we are expecting each morning.

If half day children arrive before 8 a.m.,
that may put our classrooms out
of ratio and then becomes a safety concern.
If you need to have your child here before 8 a.m.,
please let the front office know ahead of time.

There is a \$5.00 charge for every
1/2 hour outside of your scheduled time for arriving early.
Keep in mind that pick up time is at 12 p.m.
After 12:05 p.m., there is a late pick up fee of \$1 per minute.

Late Pick-Up Policy at 6 p.m.

Please remember that our center CLOSES at 6 p.m.
Please plan enough time at pick-up to gather your child and their
belongs by 6 p.m. Thank you for your attention to this matter!
Pick-ups after 6 p.m. will be charged a fee of \$1 per minute.



Don't forget we serve lunch!

Did you forget lunch on the
counter at home? Are you
running low on lunch items in
the fridge? You can purchase
a school lunch daily for \$5.00 per day
(or prepay for the month ahead of time
to save money!)

Inquire at the front desk for more
information. Our menu is available
on our website at:

<http://murrieta.discoveryisle.com>

Discovery Isle
23785 Washington Avenue
Murrieta, CA 92562

Visit our Website
www.discoveryisle.com

When I'm building in the block room,
Please don't say I'm "Just playing."
For, you see, I'm learning as I play,
About balance, I may be an architect someday.

When I'm getting all dressed up,
Setting the table, caring for the babies,
Don't get the idea I'm "Just Playing."
I may be a mother or a father someday.

When you see me up to my elbows in paint,
Or standing at an easel, or molding and shaping clay,
Please don't let me hear you say, "He is Just Playing."
For, you see, I'm learning as I play.
I just might be a teacher someday.

When you see me engrossed in a puzzle
Or some "playing" at my school,
Please don't feel the time is wasted in "play."
For you see, I'm learning as I play.
I'm learning to solve problems and concentrate.
I may be in business someday.

Please don't think that because I enjoy it,
it is "Just Play."
I'm learning to follow directions
and see the differences.
I may be a cook someday.

When you see me learning to skip, hop, run,
and move my body,
Please don't say I'm "Just Playing."
For, you see, I'm learning as I play.
I'm learning how my body works.
I may be a doctor, nurse, or athlete someday.

When you ask me what I've done at school today,
And I say, "I just played."
Please don't misunderstand me.
For, you see, I'm learning as I play.
I'm learning to enjoy and be successful in my
work. I'm preparing for tomorrow.
Today, I am a child and my work is play.

Just Playing

Original Author Unknown

