

# December 2017 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					1 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch					Grilled Cheese, Chips, Fruit, and Milk
PM Snack					Pretzels (1oz), Fruit (1/2C), Milk (3/4C)
Breakfast	4 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	5 Granola (1/3C), Organic yogurt (1/3C), Juice (6oz)	6 Blueberry Muffins (1), Fruit (1/2C), Milk (6oz)	7 Bagels with cream cheese (1), Fruit (1/2C), Milk (6oz)	8 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)
Lunch	Chicken Nuggets, String Cheese, Tater Tots, Fruit, and Juice	Spaghetti & Meatballs, Fruit, and Milk	Corn Dogs, Tater Tots, Fruit, and Juice	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, and Milk	Cheese Pizza, Fruit, and Milk
PM Snack	Pretzels (1oz), Fruit (1/2C), Juice (3/4C)	Grahams/w cream cheese(1), Fruit(1/2C), Juice(3/4C)	Nilla Wafers (4), Organic Yogurt (1/3C), Juice (3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	***Cereal (1/3C), Fruit (1/2C), Milk (3/4C)
Breakfast	11 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	12 Bagels with cream cheese (1), Fruit (1/2C), Milk (6oz)	13 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	14 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	15 Croissant (1), Fruit (1/2C), Milk (6oz)
Lunch	Mini Cheese Pizza, Chips, Fruit, and Juice	Kraft Mac N Cheese, Veggies, Fruit, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Grilled Cheese, Chips, Fruit, and Milk	Spaghetti & Meatballs, Fruit, and Milk
PM Snack	Grahams/w cream cheese(1), Fruit(1/2C), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Pretzels (1oz), Fruit (1/2C), Juice (3/4C)	Cheex-Mix (1/2C), Fruit (1/2C), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
Breakfast	18 ***Granola (1/3C), Organic yogurt (1/3C), Milk (6oz)	19 Blueberry Muffins (1), Organic Yogurt (1/3C), Juice (6oz)	20 Croissant (1), Fruit (1/2C), Milk (6oz)	21 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	22 CENTER IS CLOSED
Lunch	Sliders with Cheese, Chips, Fruit, and Milk	Grilled Cheese, Chips, Fruit, and Milk	Chicken Nuggets, Fruit, chips, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Grahams/w cream cheese(1), Fruit(1/2C), Juice(3/4C)	Pretzels (1oz), Fruit (1/2C), Milk (3/4C)	
Breakfast	25 CENTER IS CLOSED	26 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	27 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	28 Granola (1), Fruit (1/2C), Milk (6oz)	29 CENTER IS CLOSED
Lunch		Chicken Nuggets, Fruit, chips, and Milk	Pasta with Butter & Parmesan Cheese, Veggies, Fruit, & Milk	Kraft Mac N Cheese, Veggies, Fruit, and Juice	
PM Snack	Merry Christmas!	Pretzels (1oz), Fruit (1/2C), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Grahams/w cream cheese(1), Fruit(1/2C), Juice(3/4C)	

\*\*\*Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.\*\*\*

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