

June 2019 Menu

Discovery Isle Preschool * 11740 Creek Road, CA 92064

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	3 Cereal, Yogurt, Fruit and Milk	4 Bagels w/Cream Cheese, Fruit and Milk	5 Quesadilla, Fruit and Milk	6 Muffins, Yogurt, Fruit and Milk	7 English Muffin w/Jelly, Fruit and Milk
Lunch	Tuna Fish Sandwich, Veggies, Fruit and Milk	Lasagna, Bread and Butter, Veggies, and Milk	Chicken and Rice, Veggies, Fruit and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	Macaroni and Cheese, Bread and Butter, Veggies, Fruit, and Milk
PM Snack	Vanilla Wafers and Yogurt	Veggies w/Ranch and Crackers	Goldfish and Milk	Cheese and Crackers	Cheese-Its and Milk
Breakfast	10 Bagels w/Cream Cheese, Fruit and Milk	11 Biscuits, Fruit and Milk	12 Waffles, Fruit and Milk	13 Family Breakfast: Pancakes, Turkey Bacon, Fruit and Milk	14 Cereal, Yogurt, Fruit and Milk
Lunch	Tacos, Refried Beans, Fruit and Milk	Chicken and Rice, Veggies, Fruit and Milk	Enchilada, Rice, Fruit and Milk	Pizza, Veggies, Fruit, and Milk	Mini Cheeseburgers, Potato Salad, Fruit and Milk
PM Snack	Pudding and Graham Crackers	Cheese-Its and Milk	Veggies w/Ranch and Crackers	Veggies w/Ranch and Crackers	Goldfish and Milk
Breakfast	17 Quesadilla, Fruit and Milk	18 French Toast, Fruit, and Milk	19 Cereal, Yogurt, Fruit and Milk	20 English Muffin w/Jelly, Fruit and Milk	21 Waffles, Fruit and Milk
Lunch	Lasagna, Bread and Butter, Veggies and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	Taquitos, Refried Beans, Fruit and Milk	Tuna Fish Sandwich, Potato Chips, Veggies, and Milk	Grilled Cheese, Veggies, Fruit and Milk
PM Snack	Animal Cookies and Milk	Pudding and Graham Crackers	Cheese-Its and Milk	Goldfish and Milk	Veggies w/Ranch and Crackers
Breakfast	24 Bagels w/Cream Cheese, Fruit and Milk	25 Biscuits, Fruit and Milk	26 Muffins, Yogurt, Fruit and Milk	27 Waffles, Fruit and Milk	28
Lunch	Macaroni and Cheese, Bread and Butter, Veggies, Fruit, and Milk	Enchilada, Rice, Fruit and Milk	Mini Cheeseburgers, French Fries, Fruit and Milk	Fish and French Fries, Veggies, Fruit and Milk	School Closed
PM Snack	Pudding and Graham Crackers	Cheese and Crackers	Veggies w/Ranch and Crackers	Goldfish and Milk	